



EAP
European Association
for Psychotherapy



ISBP CONFERENCE

2024

A walk from trauma to thriving and joy



UNDERSTANDING TRAUMA

Research from
Psychological, Neurological,
or Biological Perspectives



THERAPEUTIC APPROACHES

Exploring Emotional
and Body-Oriented
Therapies for Trauma



THRIVING BEYOND TRAUMA

Cultivating a
Joyful Life After
Trauma

12. - 14. SEPTEMBER 2024
PORTOROŽ, SLOVENIJA – EU

day 1

Thursday
12.9.2024

8.30 – 18.00

- Registration (*from 14:00 check-in and accommodation at the hotel*)

10.00 - 12.00 (Pre-conference Workshop)

- Mountain-model in Bonding Psychotherapy: A Three-Dimensional Psychoeducational Mentalization-based Approach (Georg Hünig)

12.30 – 13.30 Lunch break

13.30 - 14.00

- Official greetings and opening of conference (Komatinsky, Polajner, Erce Paoli, Podgoršek)

CHAIR

Paul Komatinsky & Daniele Furlan

14.00 - 14.45

- Introduction to the basic assumptions of bonding psychotherapy (Martien Kooyman)

14.45 - 15.30

- Holotropic breathing and trauma (Andrea Bühring)

15.30 - 16.00 Break

Classic coffee break or break for pre-frontal cortex and body

16.00 - 16.45

- “The four S” of human touch (Gigetto De Bortoli)

16.45 - 17.30

- The matrix of Bonding Psychotherapy. From the origins to a comparison with two group analytical psychotherapies (Lorenzo Brocchini)

19.30 COCKTAIL RECEPTION

LifeClass Hotels

day 2

Friday 13.9.2024

8.30 – 9.00

- Morning experience work

CHAIR

Skip Ellis & Godehard Stadtmüller

9.00 – 10.00

- The Spectrum of Psychological Trauma (Robert Seiler, Jr)

10.00 – 11.00

- Traumatic path through life experiences and how to cultivate a joyful life after trauma (Enver Çesko)

11.00 – 11.30 Break

Classic coffee break or break for pre-frontal cortex and body

11.30 – 12.30

- The Healing Nature of Structural Psychotherapy: The Overlooked Aspect of Trauma Work (Skip Ellis)

12.30 – 13.30 Lunch break

CHAIR

Lorenzo Brocchini & Tobias Wenge

13.30 – 14.00

- The role of trauma psychotherapy in the holistic treatment of addiction (Bogdan Polajner)

14.00 – 14.15

Bonding Team for Professionals (Ketti Chiappa, Rachele Barchiesi, Federica Andreoli, Gulia Galassi, Stefania Stimilli, Alessandra Valeri)

14.15 – 14.45

- Effect of Bonding Psychotherapy on Stress and Interpersonal Relationship (Mateja Erce Paoli, Bogdan Polajner)

14.45 – 15.30

- Validation of BP efficacy through pre- and post-intervention evaluations in an Italian sample ((Andrea Genuin, Mateja Erce Paoli, Don Sibley, Paul Komatinsky, Silvia Salcuni)

15.30 – 16.00 Break

Classic coffee break or break for pre-frontal cortex and body

16.00 – 16.30

- Emotional Group Psychotherapy as a Variant of Psychotherapy Bonding and Personal Well-Being in People with Moderate Intellectual Disability: An Experimental Study (Nuno Moura)

16.30 – 17.00

- Group attachment (Klaus von Ploetz)

17.00 – 17.30

- The Role of Spiritual Methods in the Bonding Psychotherapy Process (Jasmina Čufurović)

19.30 GALA DINNER

LifeClass Hotels

day 3

Saturday 14.9.2024

7.30 Memorial

8.30 – 9.00

- Morning experience work

CHAIR

Jeff Gordon & Laurette Harvey

9.00 – 9.45

- The practice of bonding groups with traumatized participants (Martien Kooyman)

9.45 – 10.30

- We learn by sharing questions (Caroline Buys & Lieve Thienpont)

10.30 - 11.00 Break

Classic coffee break or break for pre-frontal cortex and body

11.00 – 11.45

- A Somatic-based Approach to Couples Therapy (Deborah Fox)

11.45 – 12.30

- "The slower you go, the faster you get there" (Jochen Zimmerman, Ute Schreckenberger)

12.30 – 13.30 Lunch break

CHAIR

Lieve Thienpont & Silvio Quirico

13.30 - 14.30

- How do we realize protection and safety for traumatized patients in Bonding Psychotherapy (Godehard Stadtmüller)

14.30 – 15.00

- Crisis intervention following a physical attack between students in middle school (Nastja Podgoršek)

15.00 – 15.30

- BP and emotional regulation in trauma (Lorenzo Brocchini)

15.30 – 16.00 Break

Classic coffee break or break for pre-frontal cortex and body

16.00 - 16.45

- Panel discussion

16.45 – 17.30

- Conclusion of conference (Komatinsky, Polajner, Podgoršek, Erce Paoli)



The ISBP is the official organization for
Bonding Psychotherapy worldwide.

As a professional organization, the ISBP is dedicated
to the promotion and development of Bonding Psychotherapy,
and to its advancement in the areas of practice, theory,
research and training.

**CONTACT FOR MORE INFORMATION
ABOUT ISBP CONFERENCE 2024**

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