

International Society for the New Identity Process

Daniel H. Casriel, M.D.
Founder

NEWSLETTER

Number 02/1992

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* * * * *

Merelbeke, December 1992.

Dear ISNIP-friends,

Towards the turn of the year we usually draw up the balance, not only financially, but mainly about the totally reached result and the quality of our work and life. I hope everybody's endresult will be positive. Anyway, I would like to wish each and everyone of you a

☆ ☆ ☆ *Merry Christmas and a Happy Newyear* ☆ ☆ ☆

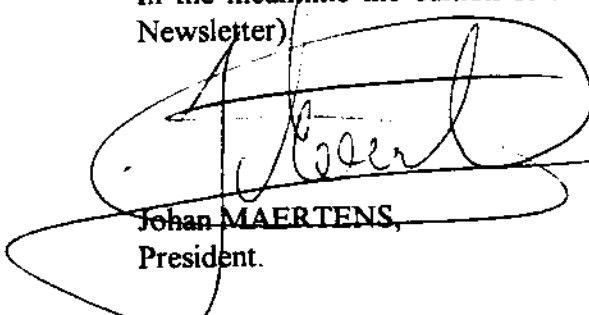
and hope to see you in Grönenbach in September 93.

* * * * *

In name of the organisation and the participants of the last Teaching Fellow conference in Europe we'd like to offer our sincerest condolences to Peter Geerlings, of the Netherlands, for the loss of his beloved, sympathetic girlfriend Joan Anderson. Your loss touches us deep and we wish you lots of strenghts and courage for the future.

* * * * *

Concerning the Newsletter there rise two problems. First the news from the different Chapters doesn't reach the International Office on time, or not at all ! Leen Spelier, European member of the Newsletter Committee, withdrew from this position, so there is a vacancy ... Skip Ellis, who takes care of American part of the information, is in need of a European partner ... In the meantime the edition of the Newsletter is limited to the minimum. (cfr. vacancy add Newsletter)



Johan MAERTENS,
President.

* * * * *

BOARDMEETING 2

November 30th 1992

Summary

PRESENT : George Rynick, Johan Maertens, Marilyn Ellis, Inger Johansson, Dario Cipani, Silvio Quirico, Bo Göran Gustavsson, Thomas Renz, Nimet Salem, Pat Kissick.

ABSENT : Martien Kooyman, Jeff Gordon, Ingo Gerstenberg.

AGENDA :

1. Approval of the report of Boardmeeting 1 of May 8th 1992.

Remarks and supplements on the report : /

2. Timelimit to answer the Boardmeeting : 4 weeks.

Everybody agreed upon the timelimit of 4 weeks after date of mailing. The date of return will be explicitly mentioned, being November 20th 92.

The American boardmembers will receive their boardmeeting by fax. The copy for Pat Kissick can be send via George Rynick. The original will also be send by mail.

The European boardmembers with a fax will receive their copy by fax and by mail.

The others will have to wait for the postman.

So the timelimit of 4 weeks will be achievable. When we receive no answer within the 4 weeks, we consider the boardmember absent.

10 Yes

3. As decided in the Agenda-items the decisions made in a Boardmeeting, will take effect from the date of mailing the report of the Boardmeeting.

9 Yes

4. **Open functions** need to be filled in (cfr. Boardmeeting 1).

The function of Corresponding Secretary will be passed on in consultation with Pat Kissick to the International Office, which was already fulfilling this function. It would be a loss of time and money to send all correspondence back and forth the Atlantic Ocean.

10 Yes

5. **La Soleillette : international trainingscenter.**

(First read the text "La Soleillette" and the extract of the Bylaws)

- 5.1. Every Teaching Fellow should be obligated to run a workshop free of charge once in 4 years. This should be added to the criteria for Teaching Fellow.

For a small organisation this is the only opportunity to raise more money via international training. Otherwise the organisation will be domed to stay small and will never raise enough money to realise our objectives.

9 Yes

Remarks :

Qualified yes - there is no one center for training and cannot be.

Travel is really necessary and should be compensated.

But notify : once in a 4 years provided all other teaching members have already run one workshop.

La Soleillette needs to be one option for training - not the only one.

- 5.2. The workshop should be devided in residential sessions of 10 days.

9 Yes 1 No

Remarks :

This way of training does not allow maturation for individual process. Or it could be acceptable if trainees have already followed one or two years of weekly group therapy. Question open for people who do not have Casriel in their country.

- 5.3. The costprice for a participant all included is 1.600 Swiss Francs for one workshop and 6.000 SF for four workshops a year.

10 Yes

Remarks :

Expensive - is it possible to reduce the days and the costprice ? But food and lodging not included. If food and lodging is included and we have to pay travel expenses nothing is left for ISNIP. Better start price higher instead of increasing it later.

5.4. Starting up a committee to follow up and organise the international trainings of the institute.

9 Yes 1 Abst.

I'm a candidate for this Committee 6 Yes

Remark by Johan Maertens :

We will inform all the Teaching Fellows about this idea and ask for their participation and for possible candidates for the Committee. This will be send to the Boardmembers of all Chapters for them to distribute. A report will be brought up to the next boardmeeting.

We will make propositions for the work of the Committee, the composition, the functioning, etc... in next boardmeeting.

6. **Conference of September 15th-19th 1993 at Grönenbach, Germany.**

More details follow in Newsletter 2/1992.

7. **Newsletter : reporters Chapter + agenda Chapter.**

We would like to add more information of the Chapters in the Newsletter. Therefore we suggest to make it a good habit to inform the Newsletter Committee (and/or via International Office) on what happens, e.g. workshops, agenda, meetings, ideas, or what doesn't happen in the Chapter.

Remarks

George Rynick : *American Chapter met 15-19 October 1992. Good attendance. Requirements for fellow-hours training adapted by committee. Ms Terry Cole made (Provisional) Fellow, special category until her Master's University Degree is finished. She was commended by the Credentials Committee for her written and oral examinations.*

Pat Kissick : *American Chapter met in October - new Board members elected, work committees formed. Marilyn needs to be in touch (or Yetta, corresp. sec.) about our news.*

8. **Financial report ISNIP.**

It is too early to make a report on the finances of 1992 The report will follow in BM 3.

For those chapters who didn't pay their ISNIP membershipsfee yet - this is the very last reminder !

LA SOILEILLETTE

La Soleillette is located in Bogève at the autoroute to Chamonix, France, close to the Swiss border at Genève. It is a beautiful location in a quiet community with all possibilities for skiing and holidays.

Gérard Willemin, the owner, offers ISNIP the opportunity to use his hotel 'La Soleillette' for activities like training, workshops, holidays,...

He himself will take care of the organisation of the hotel, ISNIP takes care of the contents of the activities.

The capacity of the hotel is between 30 and 40 persons and even more for groups who want to sleep in the grouprooms and use common showers and washrooms. There is certainly enough room for our workshops and trainings.

The costprice for full-board will be low (+/- 60 SF) and the comfort of the rooms rather high (shower and toilet in the room).

For training facilities we would need an infrastructure that is polyvalent (groups and bonding, teaching, video and overhead, library) and preferably two separated rooms that allow working with attitude groups and bonding at the same time, divided by a simple connection.

We could start the programme with the easiest part : organizing long and intensive workshops with an international group in English. This could fill up the gap created by losing AREBA as a training center.

The training programme could consist of 10 days filled with the general theory of NIP (Don's book) and group-experience (two sessions a day for 9 days and 1 day free). During the evenings one could read books from the library or watch videos about the process.

The workshops can be led by two Teaching Fellows. Every Teaching Fellow should lead a ten day workshop once in four years, free of charge. This could be planned long ahead.

ISNIP could pay all the expenses of travel and logement. The rest of the income would go to the international ISNIP training school for publicity and developpement on the training programme, and eventually for research.

The costprice for a participant, all included could be like 1.600 SF for one workshop or 6.000 SF for four workshops in one year.

A full training programme could consist of five workshops-experiences (10 days), one workshop-theory (10 days), five workshops co-leading (or co-leading with a TF in another center) and one year leading an own practice under supervision and participation of one TF.

The international training center will have a committee with a member of every chapter and two of the Swiss chapter, one is the chairman. All trainers will report on the trainees to the chairman of the committee. The committee decides if someone can start a full training programme and if someone can finish one fase and go to another. The individual files of the trainees with the reports of the different Teaching Fellows will be available for all trainers in the center. They have one day before the workshop to read the rappers and one day after the workshop to write their reports. The chairman of the committee introduces the files and closes the files with the Teaching Fellow's.

BYLAWS OF I.S.N.I.P.

ARTICLE 6. COMMITTEES

Section 4. Standards Committee

The Standards Committee shall develop and recommend standards for education and training for applicants and for all membership categories of the Society.

Section 10. Institute Committee

The Institute Committee shall establish and supervise the Training Institutes of the Society. It shall coordinate with the Standards Committee the training curriculum and shall evaluate on a regular basis the training being done. The Committee may recommend to the Board of Directors approval or disapproval of the applications for admission as a recognized Institute of the Society.

A questionnaire should be sent to every Teaching Fellow and Fellow to be answered and send back to the International Office by January 15th 1992. Inform with your Chapter President or the Boardmembers.

ANNOUNCEMENT OF THE INTERNATIONAL CASRIEL-CONFERENCE

16TH - 19TH SEPTEMBER 1993

AT GROENENBACH - GERMANY

The international NIP Conference '93 will take place in Grönenbach, Germany from 16th till 19th September '93.

Grönenbach is a Kneipp - health resort in the Allgäu region, located at 800m on the Alpborder.

The Conference is organised in the clinic for psychosomatic medicine.

Address : KLINIK FUR PSYCHOSOMATISCHE MEDIZIN HAUS I

Sebastian-Kneipp-Allee 4
D.W. 8944 Grönenbach

GERMANY

z Hd. von Herrn Dr. Stauss

Telephone : 49 8334 79352
49 8334 79353

Telefax : 49 8334 6634

Contactperson : mr. Paul Markert

Costs : 250,- DM

Subscription : the bank is Sparkasse Groenenbach

account number 310 311 378
BLZ 731 500 00

for ISNIP conference 1993

Room reservations

Through the administration of the health resort, telephone 49 8334 7711

Road description

by car :

Grönenbach is located 70km south of Ulm on the motorway (Autobahn) A7 Ulm - Kempten.
The exit Grönenbach is situated between Memmingen en Kempten.

by rail :

München - Memmingen - Grönenbach
or
Stuttgart - Ulm - Grönenbach

by airplane :

Arrival in München airport or Stuttgart airport.

Following speakers/lecturer are contacted :

Dr. Jirina Prekop :	Holdingsherapie with autistic children
Dr. med. Bernd Sprenger Dipl. Pädagogin Heidi Locher Dipl. psychologist Klaus Schüttler :	Treatment of borderline- and narcissistic personality disturbances
Dipl. Psychologe Achim Votsmeier :	Buber's relation psychology
Dr. med. Jürgen Klingelhöfer :	Treatment of psychosomatic patients
Dr. med. Vogler :	The emotional aspect of psychogenetic and psychosomatic pain circumstances
Dr. Tillmann - Moser :	Psycho analysis and Bonding

ASNIP PRESIDENTIAL ADDRESS
Marilyn ELLIS
1992 CONFERENCE
BINGHAMTON, NEW YORK
October 16th 1992

by the USA Chapter

Last year, at the conference in Washington, D.C., you all elected me President of ASNIP. I haven't done very much with the position yet. But I'm ready to do something with it now. I didn't know when I took the position that it would take me so long to figure out something I wanted to do, or a way to go about doing it. I've never attempted to lead an organization before, and I took on the task with some fear and trepidation. But after a year of fear and trepidation, I became pretty bored being scared, so I gave up on it. It just didn't get me anywhere. Now, I feel excited by the possibilities of this organization.

That's a lot more fun. I'd like to share with you today how I see those possibilities, and what I think it would take to make them happen. I'll start by reading a quote from *WOMEN WHO RUN WITH THE WOLVES*, by Clarissa Pinkola Estes, Ph. D. While it is addressed to women, it applies to us all.

" There is yet another issue to be dealt with. Mistaken Zygotes (people born into families where they don't fit in) learn to be survivors. It is tough to spend years among those who cannot help you to flourish. Being able to say that one is a survivor is an accomplishment. For many, the power is in the name itself. And yet comes a time in the individuation process when the threat or trauma is significantly past. Then is the time to go to the next stage after survivor-ship, to healing and THRIVING.

If we stay as survivors only without moving to thriving, we limit ourselves and cut our energy to ourselves and our power in the world to less than half. One can take so much pride in being a survivor that it becomes a hazard to further creative development. Sometimes people are afraid to continue beyond survivor status, for it is just that - a status, a distinguishing mark, a 'damnstraight, bet your buttons, better believe it' accomplishment.

Instead of making survivorship the centerpiece of one's life, it is better to use it as one of many badges, but not the only one. Humans deserve to be dripping in beautiful remembrances, medals, and decorations for having lived, truly lived and triumphed. Once the threat is past, there is a potential trap in calling ourselves by names taken on during the most terrible time of our lives. It creates a mind-set that is potentially limiting. It is not good to base the soul identity solely on the feats and losses and victories of the bad times. While survivorship can make a woman tough as beef jerky, at some point it begins to inhibit new development.

When a woman insists 'I am a survivor' over and over again once the time for its usefulness is past, the work ahead is clear. We must loosen the person's clutch on the survivor archetype. Otherwise nothing else can grow. I liken it to a tough little plant that managed - without water, sunlight, nutrients - to send out a brave and ornery little leaf anyway. In spite of it all.

But thriving means, now that the bad times are behind, to put ourselves into occasions of the lush, the nutritive, the light, and there to flourish, to thrive with bushy, shaggy, heavy

blossoms and leaves. It is better to name ourselves names that challenge us to grow as free creatures. That is thriving. That is what was meant for us." (p 197)

Why is it that we, as an organization, are not thriving ?

I spent a lot of time trying to figure out what's missing, why the organization wasn't working. There were lots of possibilities - lack of dynamic leadership, too few dedicated volunteers, too small a membership, no publicity. The conclusion I've reached is that we're not missing anything; we're just not using well what we already have. My theme for the next year of my presidency will be how to develop and utilize what we already have.

What is it we already have ? We have our purpose as an organization - to establish and maintain high ethical and professional standards for NIP; to provide training and education in NIP; to certify as NIP therapists those who qualify by education, training, and experience; to promote research in NIP; to publish clinical data and other materials regarding NIP; to provide for exchange of important thinking and developments in NIP. These are clear, important and appropriate goals.

We have a set of bylaws, some of which need clarification. We need volunteers to assist in this project. We have a group of teaching fellows, fellows, members in training, and members. Not enough of them are involved in the further development and continuing functioning of this organization. This needs to change, so we all feel that this is OUR organization, not somebody else's.

We have an experienced set of Board of Members who have long been committed to the development of NIP. We need to express our gratitude, and support and assist them in carrying out the functions we want our organization to perform. We also need to give them a break and take on some of the organizational tasks ourselves.

We have a new generation of NIP therapists who are going to be the future of ASNIP. They are unclear about how to participate in this organization in a way that benefits them and the organization. For their sake and ours, we must make our training standards clear, our training programs convenient, easily available, and reasonably priced. We must help them to utilize these training programs for networking and support of their participation as NIP therapists. We have a newsletter which can become the voice of all American NIP therapists, so it provides for exchange of important thinking and development in the New Identity Process. Pat Kissick was the Newsletter editor from its inception until 1991. She did a wonderful job and we appreciate her dedication even more as we struggle to re-create the newsletter as a part of ASNIP.

How are we to utilize what we have to become what we can be ? By being a living example of what NIP work can accomplish. We have all seen what this process can accomplish; that's why we're here. But the relationships within ASNIP don't reflect what the process can accomplish. Think how delightful it would be to have an organization of tightly knit friends and associates who feel free to call on each other for support whenever there is a need or want. We are the ones who know what it means to be bonded ... we need to put that knowledge into practice with one another. We need a new beginning with each other, a new beginning in which we all

anticipate the best from each other. We need to offer each other the opportunity to be creative, individualistic, and forgiven for whatever mistakes or hurts we have caused in the past, or may

cause in the future. We need to share our feelings of pain and jealousy, as well as our feelings of delight and pride in each other. The better any one of us does, the better off all of us will be. We also need to take on the burden of correcting each other when we feel slighted or hurt - not punitively, but with loving concern for each other's welfare.

Sounds good, doesn't it ? So how about it ? If I were you, I'd say, "Now wait a minute; exactly what do you mean by all that ? " I'll tell you what I mean.

1. From now on, I am suggesting that on your membership form, there will be a new section that says "HOW I PLAN TO VOLUNTEER FOR ASNIP DURING THE COMING YEAR". For all those above the level of Member, at least one full day of volunteer work will be required each year. This can be volunteering at the Conference, addressing or stuffing envelopes, typing, writing out your ideas on a particular topic, contributing to the Newsletter, etc., etc., etc. If you can't think of anything you'd like to do, you can put down "Call me when you need some help on something". On the following year's membership form, there will be a section for how you participated during the past year and plan to participate during the next year. This is a volunteer organization, and the way to make it truly yours to participate.
2. This item is harder, although it should be easier. During the course of this conference, go up to one of the Board or Committee members and express your gratitude for the effort they've put into this organization. You don't have to agree with everything they've done - you just have to say "thanks". This will benefit you most if you choose a Board member you don't know, or don't know very well. And this applies to the Board and Committee members, as well. During the Banquet, tell someone who you thanked and ask them who they thanked. Share what it was like to express your gratitude. (Prizes will be awarded).
3. Write out a list of all your criticisms of this organization. Make it as long as you like. When you're done, take each of those items and find a way to phrase it positively and suggest two possible solutions. For example, "Why does it take so long to get a simple member-in-training form ?" This can be rephrased as follows : "Here are two ways to make member-in-training forms more readily available : 1. Publish the membership forms in the Newsletter once a year; or 2. Send a supply to all the Teaching Fellows so they will have them available for their candidates."
4. Concentrate this weekend on building good relationships with all others, especially at your membership level. Let's make this organization one that others want to join because it's dynamic, exciting, loving, supportive and encouraging of its members. In other words, let's practice ourselves this weekend what we tell our clients ... use the opportunity to work with your feelings and get to a good space with your peers in this group. Let's assume that if we put our personal relationships with each other first, the business of ASNIP will become a pleasure.

Once again ... how about it ?

PRE-CONFERENCE CASRIEL WORKSHOP

September 10th-12th 1993

in KRAICHGAU - GERMANY

by the German Chapter

The workshop will take place in the center in Kraichgau
and will be lead by Jeff and Julia Gordon

Beginning : Friday, 10.09.93 at 14.00h

Ending : Sunday, 12.09.93 at 18.00h

Meals : Vegetarian food

Lodgings : One can spend the night simply in the common room. On request some
single rooms are available. Anyway do bring a sleeping bag.

Costs : 410,- DM (food and lodgings included)

Information and subscription :

CENTRUM IN KRAICHGAU
Weilerstrasse 62
6920 Sinsheim - Reihen
GERMANY

Tel : 49 7261 61523
tue. and fri. 10-13h
wed. and thur. 15-18h

Road description

by car :

Sinsheim is located about 35km south of Heidelberg on the motorway Heidelberg - Heilbronn (A6, E12). Exit (Sinsheim-) Steinsfurt, direction Reihen. In Reihen follow direction Weiler, ca. 150m out of the village our hous is located on the right side on top of the slope.

by rail :

There is a trainconnection from Heidelberg and from Heilbronn direct to Sinsheim-Reihen. From the Reihen station it is only a 15 minute walk. Or from the Simsheim station by cab to Reihen.

by air :

From the Frankfurt airport there is a busconnection directly to Sinsheim.

Dear Boardmember,
Dear Teaching Fellow,
Dear Fellow

Concerning : Certificates for Fellows and Teaching Fellows.

If you are still missing certificates for some Fellows and Teaching Fellows, please let us know the so we can take care of that.

✂-----

REPLY COUPON

Name :


Chapter :

Function : Fellow
 Teaching Fellow

Date when nominated :

Signature :

✂-----

To be send back to the  **I.S.N.I.P. INTERNATIONAL OFFICE**
To Greet Coutuer
p/a De Sleutel
Hundelgemsesteenweg 1
9820 Merelbeke
BELGIUM

LIST OF MEMBERS**FLANDERS / NETHERLANDS****SOCIETY TEACHING FELLOWS**

BAUKELAND, MAGDA
Damse Vaart West 10A
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3054 EK Rotterdam
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Tel : 32 16 222 795

SPELIER, LEEN
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Tel : 32 91 29 17 93

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1091 RT Amsterdam
THE NETHERLANDS
Tel : 31 20 69 48 991

ESSEVELD, MARIJKE
Laan van Meerdervoort 672
2564 AL DEN Haag
THE NETHERLANDS
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Oranje Plantage 31
2611 TL Delft
THE NETHERLANDS
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MOENS, FENNA
Lokhorstlaan 11
3981 ZB Bunnik
THE NETHERLANDS
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Willem van Beelenstraat 21
2202 XE Noordwijk
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Tel : 31 17 19 134 56

MEMBERS IN TRAINING

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Tel : 32 51 46 70 41 (work)

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3044 Haasrode
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LIST OF MEMBERS

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Tel : 49 8821 7310

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6253 Hadamar - Oberzeuzheim
GERMANY
Tel : 49 64 33 33 82 (home)

GORDON, JEFFREY

Weilerer Strasse 62
6920 Sinsheim-Reihen
GERMANY
Tel : 49 7261 61523 (work)
Tel : 49 7261 63995 (home)

JESSEN, PETER

Heinrich Wingerts Weg 17
6100 Darmstadt
GERMANY
Tel : 49 6151 48803

LANGGUTH, ULF

Sedlmayerstrasse 7
8944 Grönenbach
GERMANY
Tel : 49 8334 1325

MRAZ, RUDOLF

Hochgrat Wolfsried Klinik
Auf der Breite 2A
8999 Stiefenhofen
GERMANY
Tel : 49 8386 2072

STAUSS, KONRAD (Konni)

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8944 Grönenbach
GERMANY
Tel : 49 8334 1232

GENKEL, UWE

Bienenstrasse 7
6900 Heidelberg
GERMANY
Tel : 49 6221 472666

GERSTENBERG, INGO

Hirsenmühle
6253 Hadamar - Oberzeuzheim
GERMANY
Tel : 49 64 33 33 82 (home)
Tel : 49 64 33 53 70 (work)

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Hartbergstrasse 33
oder Weislerweg 13
7506 Bad Herrenalb
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Tel : 49 7083 3810

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4300 Essen
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Tel : 49 201 286602

MOORE, ARLENE

Kappellenweg 14
6945 Hirschberg Leuterhaussen
GERMANY
Tel : 49 6201 54012

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7506 Bad Herrenalb
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7710 Donaueschingen
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Tel : 49 7261 61523

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LIST OF MEMBERS

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REPLY COUPON

If there is any mistake or change or addition in the data of our list of ISNIP members, please let us know so we can update it for the following Newsletter. Thank you.

Name :

Chapter :

Change/Addition :

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.....

✂

To be send back to the



I.S.N.I.P. INTERNATIONAL OFFICE
To Greet Coutuer
p/a De Sleutel
Hundelgemsesteenweg 1
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VACANCY for a

EUROPEAN MEMBER OF THE NEWSLETTER COMMITTEE

JOBDESCRIPTION : To collect all information from the Chapters.
Give ideas and suggestion on the contence of the Newsletter.
Collect / make suggestions on subjects for an article.
Inform who could write about it.
Ideas about the lay out.
A little word from the editor in every Newsletter.

In short the same job as your colleague Skip Ellis does for America

CONDITIONS : Being a European ISNIP member with lots of creativity and
enthouasiasm and have some extra time to spend. Preferably in
the possession of a fax, if not, also good. Willing to start right
now

IN RETURN : Fame and fortune among the I.S.N.I.P. members ...

If you are a candidate, please fill and return the coupon.

If you are not a candidate, but you have some ideas to add to the Newsletter, please tell me
about it and return the coupon.

All help, comment, corrections, answers, advise, additions are welcome. Feel free to contact
the International Office, Greet Coutuer.

We intend to publish 4 Newsletters a year : 01/1993 - march 1993
02/1993 - june 1993
03/1993 - september 1993
04/1993 - december 1993

We expect all information for a Newsletter 4 - 6 weeks in advance :
by February 10th for the March edition,
by May the 10th for the June edition,
by August the 10th for the September edition,
by November the 10th for the December edition.



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REPLY COUPON

I'm a candidate as European Member of the Newsletter Committee

Name :
Chapter :

Address :
.....
.....

Telephone :
Fax :

✂-----

✂-----

REPLY COUPON

I have some suggestions for the Newsletter :

Name :
Chapter :

Subjects for an article :
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.....

A text on :
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.....

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