



# International Society for the New Identity Process

Daniel H. Casriel, M.D.  
Founder

October 1989

## Letter from the President

I am looking forward to a visit with some officers of the new German chapter of ISNIP. Konni Stauss has invited me to Gronenbach and Jeff Gordon to Sinsheim-Reihen, both in November.

Recently, I visited Johan Maertens and Magda Baukeland and the Sleutel in Gent and shared for three days with community residents and staff.



It confirms my commitment to NIP to experience the Process in action with those who are using it in their lives. Several residents are looking forward to entering their re-entry phase within the next few weeks.

Also, a visit to Carlo Kreiner and Dario Cipani in Desonzano on Lake Garda was an inspiration. My thanks to Dario for enabling me to make an overnight train connection despite lightning-disrupted train schedules.

On June 9, 1989, Carleen and I embarked on the Sea of Matrimony. We both enjoy being married, and recommend it as a way of living.

Love and Hugs,  
George

P.S. Please write me with news for the Society.

## Letter from the Editor

Greetings!

There is not much news from my desk this time. I would just continue to encourage you to send in articles pertinent to the NIP for publication, (typewritten and with your photo), news from your chapter and any information or corrections you may have to pass on to me.

Thank you, Marilyn Ellis, for your column and to all of you who have been in touch. Til next time. . .

Hugs,  
Pat

## The Use of NIP With Chronically Ill Patients and 'Care-frontations'

by Caroline Sperling, Teaching Fellow



Our use of the NIP with cancer patients and other chronically ill persons differs from the classic and original use of it in drug TCs basically in one dimension, confrontation. With the character disorders, and especially with their manifestation in drug addiction, confrontation is effective in breaking through the walls that the person put up early in life to

protect from feeling pain.

The cancer patient has a very different personality structure. There is a deep level of character disorder where the child learned that no one is to be trusted. The giants are not there when you need them and when they are there, they do not understand your needs. Unlike the character disordered person, however, who chose the rejector route, this basic rejection is covered by the acceptor's decision to pay the price - any price - for love. This willingness to pay prices leads to neurotic defenses, especially withdrawal into agonizing pain.

The heavy confrontation of NIP just brings up these neurotic defenses with their accompanying pain and withdrawal without the ability to work them because the ego strength has been shattered. Much more useful is what Bernie Siegel, M.D., in *Love, Medicine and Miracles* calls carefrontation. Since one of our main goals is to build and reinforce the ego strength, it makes no sense to break it down. Rather, we cherish and protect what is there while we lovingly challenge these persons to risk going just a little bit further than they feel comfortable doing. Hostile confrontation never gets this result. Only love and respect can coax out the growth so desperately needed if health is to be restored.

## Book Review

### "Gay, Straight and In-Between"

Reviewed by Marilyn Ellis, LCSW, Fellow

One of the things I talked about during my presentation at the NIP Conference in New Haven, Connecticut, this year was how I take material from other-than-NIP sources and integrate them into my NIP work. The therapy I do is a combination of NIP, hypnosis-NLP, psychoanalysis, Gestalt, inner child and co-dependant work. I continually expand my knowledge base by reading, attending workshops, getting supervision, and practicing to see what works. During a conversation with Pat Kissick, I suggested a "book review" article for the Newsletter on an on-going basis to share some timely and helpful information concerning therapeutic issues and practice. This article is the first of what I hope will be many helpful articles, pointing the way toward readings which may help you expand your knowledge base and increase the usefulness of NIP to you.

During the past year, much of my reading has been about sex and sexuality. A foundation book of this reading has been "Gay, Straight, and In-Between", by John Money, M.D. Dr. Money is a Professor of Medical Psychology and of Pediatrics at Johns Hopkins Hospital and School of Medicine. He founded the University's Gender Identity Clinic, and in 1955 formulated and defined the concept of gender role and identity. The first half of his book is an attempt to shade the black-and-white cultural stereotypes of homosexuality that are prevalent in the U.S. Dr. Money is not talking about homosexuality from a theoretical framework, but from a physical and hormonal as well as psychological basis.

Dr. Money presents his material in a very detailed, medically exact language. For the purposes of this article, I will only present his conclusions and speculations which relate to therapy and the NIP process. The first is that current research indicates that hormones which are present or not present prenatally determine the sexual orientation of the adult. That is, while cultural, developmental, or historical issues may be the predominant determinants of homosexuality for some people, there are also people for whom homosexuality has become overwhelmingly their sexual orientation because of the presence or absence of certain hormones at crucial points in their development in the womb, and this is not changeable by later therapy, exposure to hormones, or perfect family care. Chemicals in the mother's body during pregnancy may also influence the child's sexuality. For instance, "Sleeping pills containing barbiturate, for example, may have a demasculinizing effect on the brain of the human fetus, as the drug has been shown to have such an effect on male rat pups." (p. 25). He refers to many animals as "hormonal robots". Primates, however, are more influenced by social conditions than are four-legged animals. Thus, if raised by heterosexually-functioning, integrated males and females, they are less subject to hormonal robotization.

Another interesting area studied by Dr. Money is gender identification. He gives examples of people who are masculine according to their external genitalia, but are genetically females. This is called gender crosscoding,

and can only be determined through testing. He asks, when is this person truly a homosexual—when they are with a person with opposite genitalia, or opposite genes.

One of the things taught by Dan Casriel was that all homosexuality was illness and something that would be changed if therapy was successful. At the time, this principal agreed with the American Psychiatric Association's definition of homosexuality as an illness. What this book means for me, in working with the NIP process as taught to me by Dan, is that Dan was mistaken in believing that all homosexuality is illness and a sign of deprivation or lack of self-love. We are dealing with a much more complex issue than a right-or-wrong answer can fit. What Dr. Money's book tells me is that I am unable to determine, as a clinician, when homosexuality is acting-out and when it is hormonally or genetically determined. In my clinical practice, I choose to treat homosexuals who do not wish to change their sexual orientation, and should a homosexual come to me wishing to change his/her orientation, I would also work with her/him.

Metaphorically, I see human sexuality as a stream which flows in a certain streambed. For some of us, the stream was diverted from its original course at some point, and during the intervening years, the new stream bed may become much deeper and more secure than the original. To insist on re-diverting the stream to its original bed in spite of how ecological the new path has become is arrogance. While we have no choice about our prenatal hormonal influences, or our early childhood experiences, we are entitled to an enlightened choice today concerning our own sexual preferences.

When I work with sexual issues, whether they are in male or female, hetero- or homo- sexual, the issues are general functioning in relationships and society, and level of acting out and how the acting out interferes with happiness. Separating the underlying narcissism and sadism from the homosexuality gives rich material to work with, without demanding that the patient adopt my sexual preferences. Dr. Money's book can help lessen our emotional attachment to our own orientations and allow us a glimpse into the sometimes unmasked-for world of alternative sexual orientations.

The final section of Dr. Money's book describes lovemaps, both normal and pathological, and their relationship to paraphilia. He gives a rich description of lovemaps (what each individual needs in order to participate successfully in a sex act), and how they can and do go awry—by being too weak, too strong, or too far from the norm to be socially acceptable. He gives an extensive list of paraphilias, and describes them as the child's attempt to save lust by cleaving it from love. Lust becomes attached to an object or an act. There are six grand paraphilic strategies: the sacrificial/expialatory stratagem, requiring atonement for the sin of lust through penance; the marauding/predatory stratagem, requiring a coerced partner; the mercantile/venal stratagem, requiring that lust be traded for; the fetishistic/talismanic stratagem, sparing the saintly lover from by substituting a token or fetish; the stigmatic/eligibilic stratagem, requiring that the partner be metaphorically disparate from the saintly lover's own social group (pedophilia falls in this category); and the solicitational/allurative stratagems.

(continued on page 4)

# General Meeting Minutes From the ISNIP Conference June 25, 1989

Here is a more detailed report from the Recording Secretary Yetta Lautenschlager's notes at the ISNIP General Meeting in New Haven, CT, on June 25, 1989.

## PRESIDENT'S REPORT

President George Rynick reported on Standards, stating Fellows and Teaching Fellows who need to be tested must have a written letter from both sponsors stating they're ready for testing. The primary sponsor must have everything checked off and must have a packet prepared of needed documents.

George requested that ISNIP committees begin working immediately following the conference and asked for a TIME commitment of members. He also asked that ISNIP make an effort to reach out to other professionals.

He would like committee chairpersons to outline possible work for the year in their area and have recommendations ready for the Board to vote on.

## EUROPEAN INPUT

Swedish President Inger Johansson brought up the issue of an American chapter of ISNIP, similar to what the European countries are doing with chapters. She suggested that each European chapter send in information to the newsletter of activities happening in each chapter, thus making the newsletter more international.

## DUES

Concerning collection of dues, Ron Kissick suggested there be a collection point in Europe and in the U.S. (Rachel Light, financial secretary). The secretary will be the administrative person for dues and disbursements. The ISNIP treasurer, Ginny Lott, must be aware of the flow of funds and also prepare the proposed budget for the upcoming year.

There was also discussion about conference sites in 1990-1992, and a thank you was given to Yetta Lautenschlager and her committee for sponsoring the 1989 conference.

## TREASURER'S REPORT

The financial committee will be appointed each year. Treasurer Ginny Lott reported the proposed budget is \$5285, and proposed dues \$3200. She said the budget will change due to the change in dues structure.

## RESEARCH

Inger Johansson reported Johan Maertens, Research Committee Chairman, is disappointed by the response from Fellows and Teaching Fellows. Johan does not need a new budget for this year.

## NOMINATING COMMITTEE

Ron Kissick and Jurgen Kremer constitute the Nominating Committee. Three people are scheduled to finish terms. Offered for re-election were Jurgen Kremer, Ron Kissick and Yetta Lautenschlager. The slate passed.

## STANDARDS

The Standards and Credentialing committee are now one. Members are Bill Wolfson, Yetta Lautenschlager, Betty Butler, Caroline Sperling, Janice Frank (chairperson) and Pat Gontarczyk. The possibility of a masters degree requirement for Fellow status was discussed as well as adding another level for paraprofessionals to make ISNIP standards more equitable with the mental health community. They requested communications on this.

## FELLOW CANDIDATES

Passed by general consensus, Ginny Lott, Richard Reiches and Carlo Kreiner became Fellows.

## ETHICS

The committee members are Tracey Wolfson, Bill Wolfson and Ron Kissick. Ron reported two actions being taken; one involves Chris Koenig who was asked to leave the Society. It was questioned whether we have a written policy. ISNIP doesn't, however, we follow the policy of other organizations such as NASW. Joe Sanders suggested we prepare a written policy and offered his assistance.

## RESEARCH

Committee members are Johan Maertans (chairperson), Peter Geerlings, Ginny Lott, Jurgen Kremer and Gunvor Gustaffson. George reported that a theory and population study is being worked on. George had a letter from Johan regarding research and the lack of response to his questionnaires. Yetta reported Johan gave ample time for response, sending the information in 1988 with instructions and suggestions to copy forms so therapists would have enough for the year.

## NEWSLETTER

Editor Pat Kissick emphasized using the newsletter as a way to communicate. She requested ALL information be typed, and main articles include a photo of the writer. Articles are always needed concerning NIP. There was a suggestion that sanctions appear in the newsletter and the names of Fellow and Teaching Fellow candidates be published well in advance so any questions or comments on the candidates can be addressed before testing.

## MEMBERSHIP

Caroline Sperling (chairperson) and Peter Schroeder are the Membership Committee. It was reported that Associate Membership has been dropped so all members can vote.

## OLD BUSINESS

Conference sites were discussed. There was a proposal to hold the 1990 conference Amsterdam, Germany or Switzerland. There was a consensus on Amsterdam for 1990, providing there is an invitation from the Flemish-Dutch Chapter. Washington DC members committed to a conference in 1991 and the proposal for the 1992 conference in Germany was passed.

*(continued on page 4)*

**General Meeting (Cont'd from page 3)****International Society for  
The New Identity Process****TREASURER'S REPORT**

Balance effective 6/30/88	\$4,804	
Income 6/30/88-5/18/89	3,451	
<b>TOTAL</b>	<b>88,255</b>	<b>88,255</b>
Total Expenses		
6/30/88-5/18/89	\$7,793	
Balance effective 5/18/89		\$ 462

**BUDGET**

7/1/89 - 6/30/90

**Expenses**

Certificates	\$ 60	
Bank Charges	50	
Postage	400	
Telephone	350	
Printing	1,800	
Supplies	25	
Board Expenses	100	
Travel	300	
Miscellaneous	100	
<b>Total Expenses:</b>	<b>\$3,185</b>	
Total Income expected		
from dues	\$6,350	
50% for ISNIP use	\$3,175	—

**"Gay, Straight, and In-Between"***(continued from page 2)*

where the sex act is replaced by exhibitionism, voyeurism, or being sexually provocative with no intention of actually participating. Many of these stratagems can be part of genuine sex play. They become paraphilia when they are an essential part of or substitute for normal sexuality. The paraphilia becomes the lover, an addiction more important than the person with whom sex takes place.

Lovemaps and paraphilia are created by the experiences of each individual, and are capable of being altered, at least in many cases, through therapeutic work such as the NIP offers. In those cases where a homosexual does wish to change his orientation, the reader may wish to refer to Jurgen Kremer's article in the October 1988 issue of the NIP Newsletter, introducing a book called "Bailing Out of Homosexuality" by Jerri Sousa.

Dr. Money's book has reminded me of a class on human sexuality that I took when I was in social work school. For three days, we were inundated with films, readings, personal stories and material about all aspects of sexuality. One of the goals was to desensitize us, so that we could be comfortable and experienced in hearing sexual material of unusual types. "Gay, Straight, and In-Between" has succeeded in further stretching my awareness and acceptance of the complexity and variety of sexual possibilities and problems for the human being. I highly recommend it.

Money, John (1988), "Gay, Straight, and In-Between"  
New York; Oxford University Press.

**European Chapter News****SWEDISH CHAPTER**

There was no news received from the Swedish Chapter.

**FLEMISH-DUTCH CHAPTER**

There was no news received from the Flemish-Dutch Chapter.

**ITALIAN CHAPTER**

There was no news received from the Italian Chapter.

**GERMAN CHAPTER**

There was no news received from the German Chapter.

**Congratulations, Carlo!**

Congratulations are in order to Carlo Kreiner, M.D., who has been accepted as a Fellow in ISNIP. Carlo resides in Gardone Riviera, Italy.

**Hurrah, Germany!**

ISNIP has added another European Chapter to its "fold". Congratulations to ISNIP and WELCOME to the German Chapter. Its president is Konrad (Konnie) Stauss, and Jeff Gordon is vice president. Thank you to Ingo Gerstenberg for all his help in organizing the chapter.

**Important Notice  
To General Membership**

As noted in the last newsletter, the ISNIP Treasurer is now Ginny Lott. Rachel Light is the U.S. Financial Secretary.

Membership dues, reimbursements, etc. can be sent to Rachel in the following manner:

Rachel Light  
West Hill Road, Box 185  
Vestal, NY 13850

Ginny's address is as follows:

Ginny Lott  
350 Grovers Ave. 6B  
Bridgeport, CT 06605

## Society Calendar

We're interested in what you're doing! If you're planning treatment/training events in the New Identity Process, let Society members know by listing the events in this calendar. Send along a paragraph of pertinent information. A charge of \$20 per event will be made, up to \$200 annually. Please send check along with listing to the newsletter editor.

(\*Qualifies for Continuing Education Credit in the New Identity Process.)

### October 6-8 — Charlotte, NC

#### NIP Workshop

\*Led by: Frankie Wiggins, B.N., B.A. Health Ed., Teaching Fellow

Contact: Raymond Maxwell Jr.  
6745 Wheeler Dr.  
Charlotte, NC 28211  
(704) 552-6361

### October 7 — Herndon, VA

#### NIP Workshop

\*Led by: Marilyn Ellis, Fellow

Contact: Marilyn Ellis, LCSW  
1116 Clinch Road  
Herndon, VA 22070  
(301) 951-3931

### October 7-8 — Killam's Point, Branford, CT.

#### Autumn Renewal Workshop

\*Led by: Ron Kissick, Teaching Fellow, Pat Kissick, Fellow, Yetta Lautenschlager, Teaching Fellow, Ginny Lott, Fellow and Tom Campbell, Fellow

Workshop hours - 9 AM to 6 PM on Saturday and Sunday

A \$75 registration fee is due by September 15, 1989.

Contact: Tom Campbell  
412 Orange Street  
New Haven, CT 06511  
(203) 562-4235

### Oct. 30, 31 & Nov. 1 — San Francisco, CA

#### PAIRS Professional Advanced Training For Those Leading PAIRS Programs

\*Led by: Lori Gordon, Director, Teaching Fellow

Contact: Lori Gordon, Director or  
Alice Cummings, Administrator  
3705 S. George Mason Dr., Suite C3S  
Falls Church, VA 22041  
(800) 842-7470 or (703) 998-0300

### November 10-12 — Falls Church, VA

#### PAIRS NIP Weekend

\*Led by: Lori Gordon, Teaching Fellow and Frankie Wiggins, Teaching Fellow

Contact: Lori Gordon, Director or  
Alice Cummings, Administrator  
3705 S. George Mason Dr., Suite C3S  
Falls Church, VA 22041  
(800) 842-7470 or (703) 998-0300

### November 17-19 — Falls Church, VA

#### NIP Weekend

\*Led by: Frankie Wiggins, Teaching Fellow

Contact: Frankie Wiggins or  
Alice Cummings, Administrator  
3705 S. George Mason Dr., Suite C3S  
Falls Church, VA 22041  
(800) 842-7470 or (703) 998-0300

### December 1-3 — Minneapolis, MN

#### NIP Workshop

\*Led by: Frankie Wiggins, B.N., B.A. Health Ed., Teaching Fellow and Steve Thurik, Fellow

Contact: Steve Thurik  
816 West 57th Street  
Minneapolis, MN 55419  
(612) 861-1766

### December 2-3 — Johnson City, NY

#### NIP Workshop

\*Led by: Ron Kissick, Teaching Fellow; George Rynick, Teaching Fellow and Pat Kissick, Fellow

Contact: George Rynick  
Human Resources Unlimited  
21 Mitchell Ave., Binghamton, NY 13903  
(607) 722-8900

OR

Ron Kissick  
Personal Resource Center  
NY-Penn Trade Center  
435 Main St., Johnson City, NY 13790  
(607) 798-8199

### December 9 — Bethesda, MD

Led by: Caroline Sperling, Teaching Fellow, Ed.D., ABPP

Contact: Caroline Sperling, Director, or  
Beverly Gould, Administrator  
Cancer Counseling Institute  
7312 Millwood Road  
Bethesda, MD 20817  
(301) 320-4924

Workshop hours — 9 am to 5 pm

### April 29 - May 6 — Antigua, West Indies

#### Week-Long Pleasure Intensive with the NIP

The 6th Annual Caribbean PLEASURE Week awaits you with MORE fun and learning planned. A group for youth is also scheduled during the week.

\*Led by: George Rynick, Teaching Fellow; Ron Kissick, Teaching Fellow and Pat Kissick, Fellow. Bill Wolfson, Teaching Fellow is the medical director.

Contact: George Rynick  
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21 Mitchell Ave., Binghamton, NY 13903  
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