



# International Society for the New Identity Process

Daniel H. Casriel, M.A.  
Founder

October 1987

## Letter from the President

Sometimes unforeseen disaster breaks up all the patterns of our lives. I have empathized time and again with friends and clients who have lost loved ones. Now, I am reaching out to those who are supporting me through my sorrow.

I have been working creatively, grieving with the release of pain, anger and fear, and trusting that what Tance and I have believed and have taught is also true for me. "We are designed to run on pleasure!"

I miss my lovely wife in every area of my living. And I am determined to use all the tools I have to survive, to enjoy sharing my tears and laughter with those who care, to continue to help building I.S.N.I.P., and to put into practice Tance's and my belief that God will fulfill my life again.

Sadness with love,  
George

## OOPS!!

In the August newsletter, there was an oversight in the article concerning conference highlights. As part of the banquet entertainment, Arden and Marg Wellington of Binghamton sang a beautiful and touching rendition "Sometimes." Thank you both!

## NIP Group Meets

On Saturday, August 29, approximately 30 NIPers (as we call those involved in the NIP) from the Binghamton area met at a local park. The purpose: FUN. And to reconnect with people who attended the conference as well as those interested in the NIP. In essence, the get-together was to keep that special bond strong, hang out with good people. . .and eat. Actually, some organizing took place, with plans in the works for NIP day care sharing, and the possibility of "specialized" groups for those who like dancing, skiing, etc. Shar Nolder of Endwell organized this first picnic and it is hoped the group will continue meeting on a monthly basis.

If you are doing anything of this sort in your area, share it with the rest of us. The ideas could be a real help. . .and we like making a good thing even better.

## Letter from the Editor

Greetings!

I realize it has only been a month or so since you received the last newsletter (which was late), but I wanted to keep things as much on track as possible — thus, the October newsletter.

Society Member Liette Dennis of Syracuse suggested we get together a photo album with pictures taken during the last annual conference. So many of us took photos, if there was a way of collecting the best, we could have a documentation of the 5-day conference. This could be an annual project, perfect for sharing, and could have a place in the ISNIP archives. I would be interested in your feedback about this possibility, and since we don't have a historian at this time, perhaps someone would be willing to be in charge of the project. If you have any suggestions or wish to volunteer please contact me.

Hope your autumn is a happy one.

Hugs,  
Pat

## Good Work

Lori Gordon, Teaching Fellow, and director of the Family Relations Institute in Falls Church, Va., has recently gotten coverage in national and local publications for the program she devised and implements. PAIRS (Practical Application of Intimate Relationships Skills) is a 16-week program. . . "of effective, practical ways for couples and singles to sustain relationships." Lori said that one of the four weekends is devoted to NIP.

Lori was quoted in the August 24 Newsweek cover story on "How to Stay Married", and the September issue of *Mademoiselle* in an article titled "The Incredible Shrinking Couple". Also, on August 21, in *The Hill Rag* (Washington, D.C.) newspaper, there appeared a first-person story written by a reporter for the newspaper who took part in an NIP weekend workshop and groups at the Family Relations Institute. The reporter highly praised the Process.

Congratulations, Lori, on a job well done!

## Business Notes from ISNIP General Meeting

The ISNIP annual general membership meeting was called to order at 9:45 a.m., June 28, 1987, in Binghamton, NY.

Janice Frank, recording secretary, read the minutes of the last general meeting that took place in Belgium. They stood approved as read.

Tance Rynick, treasurer, read the treasurer's report, stating we had a profit of \$1,413 last year. Expenses to the present were \$3,082, leaving a balance of \$3,556. The report was approved.

There was a quorum of 71 voting members to take care of business. Corresponding Secretary Dianne Decker said there were 32 proxies, with 22 members, 8 Fellows and 9 Teaching Fellows present.

**President's Report:** President George Rynick said he is trying to keep Society members in touch with one another, and that this is a critical year for the Society. He encouraged the membership to make use of their emotions and said he was looking forward to 1988.

**Standards Committee:** Janice Frank, committee chairman, restated the necessity of Fellows and Teaching Fellows leading or co-leading a workshop with another Teaching Fellow who would make a brief report on that person's work to the Board. This is necessary to maintain Fellow and Teaching Fellow status in the Society, and done on an annual basis.

**Research Committee:** Johan Maertens, committee chairman, is hoping to have research done on population studies and a special international study. Gunvor Gustaffson and Jurgen Kremer were added as members to the Committee. The committee needs to be approved by the Board.

**Newsletter:** Pat Kissick, newsletter editor, stated more main articles are needed for the newsletter and that any information regarding the newsletter should be sent to her — NOT to the corresponding secretary. The membership suggested putting astericks next to names of members needing to pay dues, which was accepted. Proceedings of this conference will be available as soon as possible.

**Journal:** Jurgen Kremer, journal editor, was not present, but sent a letter to the President stating a lack of articles has made it impossible to put together the journal. Work on the journal is postponed until research is completed.

**Credentials Committee:** Ron Kissick, co-chairman, said the committee would be meeting today, as there were two candidates requesting credentialing as Fellows.

**Nominating Committee:** Janice Frank, George Rynick and Tance Rynick were re-nominated to the Board of Directors. They were elected unanimously.

The President announced the 1988 conference will be in Stockholm, Sweden. Appreciation to conference organizer Bob Decker and corresponding secretary Dianne Decker was made.

Ingo Gerstenberg, Teaching Fellow, is hoping to help organize a German chapter of the ISNIP.

There was no old or new business.

Dianne Decker said that dues are considered in arrears if not paid by July 1 or at the international conference, which is usually planned in that time frame. The asterick next to a member's name in the newsletter is to let him or her know that dues need to be paid, to avoid any confusion.

Members requested a list of names of those who attended the conference. It will be printed in the newsletter.

With no further business, it was moved and seconded to adjourn the meeting. The meeting was adjourned.

## Dues Information

It has come to our attention that there have been some questions regarding payment of dues to the Society. We are hoping your questions will be answered after reading this article.

For a number of years while the infant I.S.N.I.P. was coming into its own, a variety of methods was used to inform members when their dues were to be paid, including notices every several months over a year's time. The time, expense of postage and record-keeping was phenomenal. . . and the results were poor. As I.S.N.I.P. has become more organized, so has the method to collect dues. For the past several years, the Society has complied with the bylaws in this area. The bylaws state (Article 2, page 9):

### DUES

#### Section 2. PAYMENT OF DUES

Dues shall be payable in advance on the first of July in each fiscal year. Dues of a new member shall not be prorated, except that a person elected to membership after the first of January in any year shall pay one-half of the Annual Dues for that fiscal year.

#### Section 3. DEFAULT AND TERMINATION OF MEMBERSHIP

When any member shall be in default in the payment of dues for a period of one year, his membership may thereupon be terminated by the Board of Directors without notice or hearing.

No one has been dropped from the membership roll, however, without receiving at least several notices in advance from the corresponding secretary. In the past, members were kept on the list for longer than the year specified, but we cannot continue to do this. Dianne will send reminders to members in June about the upcoming dues.

At the annual conference this past June, the general membership requested that an asterisk be put next to names in the newsletter of those needing to pay, to help clear up the problem. This was done in the August newsletter as requested.

Dues are as follows:

Teaching Fellow - \$70

Fellow - \$45

Member - \$20

Associate Member - \$10

### AS AN IMPORTANT NOTE TO TEACHING FELLOWS AND FELLOWS

Janice Frank, Standards Committee Chairperson, brought up, once again, at the general meeting that to maintain your status in the Society, accompanying dues must be documentation\* of at least one workshop the Fellow or Teaching Fellow has co-led with another Teaching Fellow.

\*Documentation consists of a brief note from the Teaching Fellow verifying attendance by the Fellow or Teaching Fellow. This is reviewed by the Board of Directors.

Your money and information should be sent to the corresponding secretary, **Dianne Decker, 2328 Hemlock Lane, Vestal, NY 13850.** This will ensure your continued listing in the newsletter as a member-in-good-standing, privileges afforded your status and receiving the newsletter.

## Society Calendar Notice

We're interested in what you're doing! If you're planning treatment/training events in the New Identity Process, let Society members know by listing the events in this calendar. Send along a paragraph of pertinent information. A charge of \$20 per event will be made, up to \$200 annually. Please send check along with listing to the newsletter editor.

(\*Qualifies for Continuing Education Credit in the New Identity Process.)

### Oct. 2-4 – Minneapolis, MN

#### – 3-day Intensive Weekend Workshop

\*Led by: Frankie Wiggins, Teaching Fellow, and Steve Thurik, Fellow

Contact: Steve Thurik  
816 West 57th Street  
Minneapolis, MN 55419  
(612) 861-1766

### Oct. 9-11 – Charlotte, NC

#### – 3-day Intensive Weekend Workshop

\*Led by: Frankie Wiggins, Teaching Fellow

Contact: Raymond Maxwell, Jr.  
6745 Wheeler Drive, Charlotte, NC 28211  
(704) 372-6330 (from 11 a.m.-5 p.m.)

### Oct. 9-11 – San Francisco, CA

#### – Bonding Weekend Intensive

Led by: Jessica Mercure, MA, MFCC, Fellow

Contact: Jessica Mercure  
Reichian Center  
1909 Addison, Berkeley, CA 94704  
(415) 232-8499

### Oct. 16-18 – Falls Church, VA

#### – 3-Day Intensive Weekend Workshop

\*Led by: Frankie Wiggins, Teaching Fellow

Contact: Lori Gordon  
Family Relations Institute  
3705 George Mason Drive, Suite C3S  
Falls Church, VA 22041  
(703) 998-5550

### Oct. 17-19 – Brighton, MI

\*Led by: Michael Brown, Teaching Fellow and assisted by Carol F. Damsky, Fellow

Contact: Carol F. Damsky  
(313)646-1342

FEE: \$300 (\$200 for Sat. & Sun. only)

### Oct. 17 – Bethesda, MD

\*Led by: Caroline Sperling, Teaching Fellow

Contact: Caroline Sperling  
Cancer Counseling Institute  
7312 Millwood Road  
Bethesda, MD 20817  
(301) 986-9274

### Nov. 12-17 – Cheshire, CT

#### – 6-day Intensive Workshop

\*Led by: Frankie Wiggins, Teaching Fellow and Yetta Lautenschlager, Fellow

Contact: Yetta Lautenschlager  
3074 Whitney Ave., Hamden, CT 06518  
(203) 281-5922

### Nov. 14-15 – Johnson City, NY

#### – Couples Weekend – "Getting to Know You"

Although we THINK we know our loved ones, oftentimes we run into relationship roadblocks and realize "I don't know this person." This workshop will focus on "getting to know" the one you love, by using appropriately attitudes, emotions and behavior.

\*Led by: Ron Kissick, Teaching Fellow and Pat Kissick, Fellow.

Contact: Ron Kissick  
Personal Resource Center  
NY-Penn Trade Center  
435 Main St., Johnson City, NY 13790  
(607) 798-8199

### Nov. 14-15 – Reston, VA

\*Led by: George Rynick, Teaching Fellow, Marilyn Ellis, Fellow

Contact: Marilyn Ellis, M.S.W.  
11413 Tanbark Drive  
Reston, VA 22091

### Nov. 21 – Bethesda, MD

\*Led by: Caroline Sperling, Teaching Fellow

Contact: Caroline Sperling  
Cancer Counseling Institute  
7312 Millwood Road  
Bethesda, MD 20817  
(301) 986-9274

### Dec. 5-6 – Binghamton, NY

#### – NIP Weekend (Sat. & Sun. 10 a.m.-6 p.m.)

\*Led by: George Rynick, Teaching Fellow

Contact: George Rynick  
Human Resource Unlimited  
21 Mitchell Avenue  
Binghamton, NY 13903  
(607) 722-8900

### Dec. 11-13 – Falls Church, VA

#### – 3-Day NIP Workshop

This NIP intensive workshop will include three one-hour video taped lectures by Dan Casriel.

\*Led by: Lori Gordon, Teaching Fellow and Frankie Wiggins, Teaching Fellow

Contact: Lori Gordon  
Family Relations Institute  
3705 George Mason Drive, Suite C3S  
Falls Church, VA 22041  
(703) 998-5550

### Dec. 12 – Bethesda, MD

\*Led by: Caroline Sperling, Teaching Fellow

Contact: Caroline Sperling  
Cancer Counseling Institute  
7312 Millwood Road  
Bethesda, MD 20817  
(301) 986-9274

## 1988

### Jan. 15-17 – Falls Church, VA

#### 3-Day Intensive Weekend Workshop

\*Led by: Frankie Wiggins, Teaching Fellow

Contact: Lori Gordon  
Family Relations Institute  
3705 George Mason Drive, Suite C3S  
Falls Church, VA 22041  
(703) 998-5550

(Continued on page 4)

**Society Calendar***(...Continued from page 3)***Feb. 26-28 – Falls Church, VA****– 3-Day Intensive Weekend Workshop**

\*Led by: Lori Gordon, Teaching Fellow and Frankie Wiggins, Teaching Fellow

Contact: Lori Gordon

Family Relations Institute  
3705 George Mason Drive, Suite C3S  
Falls Church, VA 22041  
(703) 998-5550

**March 18-20 – Falls Church, VA****– 3-Day Intensive Weekend Workshop**

This NIP intensive workshop will include 3 one-hour video taped lectures by Dan Casriel.

\*Led by: Frankie Wiggins, Teaching Fellow

Contact: Lori Gordon

Family Relations Institute  
3705 George Mason Drive, Suite C3S  
Falls Church, VA 22041  
(703) 998-5550

**April 11-15 – Falls Church, VA****– PAIRS (Practical Applications of Intimate Relationships Skills) Professional Training.**

This is Week One of the two-week program. The second training week will be Nov. 10, 1988.

\*Led by: Lori Gordon, Teaching Fellow

Contact: Lori Gordon

Family Relations Institute  
3705 George Mason Drive, Suite C3S  
Falls Church, VA 22041  
(703) 998-5550

## Wanting "A Scream Away From Happiness"? Check This Out

One of the most common needs I heard at our June conference was for copies of "A Scream Away From Happiness" by Dan. I decided to follow up with some investigation and make a suggestion that might help. Grossett & Dunlap, Inc. has been purchased by Putnam Publishers. In talking to its customer service department I found that its status is "out of print". We know how basic this text is to understanding the Process. We know how helpful having this text will be to training. We need them in second printing. I think if we waved the smell of money in front of these folks, they might reopen negotiations with the heirs of Dan's estate.

Grossett & Dunlap, the publishers, have been purchased by Putnam Publishers. Their toll free customer service number is 1-800-631-8571. To contact them by mail, write to Putnam Publishing, 200 Madison Avenue, New York, NY 10016. Attention: Putnam Editorial. Ask for copies of "A Scream Away From Happiness", by Dan Casriel, published in 1972 by Grossett & Dunlap. Ask if they plan a second printing.

If we can prove a modest market is out there, they might move at least a mountain, or a hill, to serve ISNIP.

— Lyle MacLaury, Fellow

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(301) 986-9274

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Director, Metrotag  
29200 Vassar Suite 600, Livonia, MI. 48152  
(313) 478-8960

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8350 Damme, Belgium  
501-339-089

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10-4610390

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Centrum for Identitetsterapi  
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(805) 969-7525

COLLIARD, CLAIRE, M.A.  
Casriel Institute, 8 rue Louis-Masbou  
1205 Geneva, Switzerland  
022-29-18-30

FRANK, JANICE, M.S.W., A.C.S.W.  
Director, The New Identity Process Center  
of Central New York  
Short Road, Fayetteville, N.Y. 13066  
(315) 446-0654

GEERLINGS, PETER, M.D.  
C. Krusemastraat 8, Amsterdam,  
The Netherlands 1975 NL — 020-735-978

GERSTENBERG, ADELHEID A., M.A.  
Hirsenuhle, 6251  
Hadamaer/Oberzeuheim, W. Germany

GERSTENBERG, INGO, M.D.  
Hirsenuhle, 6251  
Hadamaer/Oberzeuheim, W. Germany

GORDON, JEFFREY A., B.A., M.L.A.  
Weilerer-Strasse 62  
6920 Sinsheim-Reihen, W. Germany

GORDON, (Heyman) LORI, M.S.W., A.C.S.W.  
Director, Family Relations Institute  
3705 S. George Mason Drive, Suite C3s,  
Falls Church, VA. 22041  
(703) 998-5550

GUSTAFSSON, GUNVOR, M.A.  
Centrum for Identitetsterapi  
Regeringsgatan - 93  
111 39 Stockholm, Sweden

JOHANSSON, INGER, M.S.W.  
Balladgatan - 2 8 Tr.  
42241 Hisings-Bäcka, Sweden

JOHANSSON, TAGE, M.A.  
Slatuargatan 35  
42179 Vastra Frolunda, Sweden  
037-090324

421 77 Vastra Frolunda, Sweden

KISSICK, RONALD L., M.S.S.W., C.S.W.  
Director, Personal Resource Center  
NYPENN Trade Center — 435 Main Street  
Johnson City, N.Y. 13790  
(607) 798-8199

KOORYMAN, MARTINUS, M.D.  
Van Weilerlaan 11  
Rotterdam 3055 HW, Holland 10-4610390

KREMER, JURGEN W., Ph.D.  
Saybrook Institute  
1772 Vallejo St., San Francisco, CA. 94123  
(415) 441 5034

KREMER, ALIX, M.Ed.  
c/o Reith.  
Siedlungsweg 14. 8061 Eberslach, West Germany

LECHLER, WALTER H., M.D.  
Psychosomatic Clinic  
D-7506 Bad Herrenalld — Black Forest, Germany  
070-832-071

LOOF, ASA, M.A.  
Centrum for Identitetsterapi  
111 39 Stockholm, Sweden

MAERTENS, JOHAN  
Damse Vaart W. 10 A  
8350 Damme, Belgium  
501-339-089

MAYBRUCK, PATRICIA, M.A., Ph.D.  
714 McCorkle Ave., St. Helen, CA. 94574

PRINS, INEKE, M.D.  
Badhoevelaan 38  
1170 DD Badhoevedorp, The Netherlands  
02-968-3986

RYNICK, GEORGE, M., M.Div., Th.M.  
Director, Human Resources Unlimited  
New Identity Center, 21 Mitchell Ave.  
Binghamton, N.Y. 13903  
(607) 722-8900

SPERLING, CAROLINE, Ed.D.  
Director, Cancer Counseling Institute  
7312 Millwood Road, Bethesda, MD 20817  
(301) 986-9274

WIGGINS, FRANKIE, R.N. B.A. Health Education  
Family Relations Institute  
3705 S. George Mason Drive, Suite C3s,  
Falls Church, VA. 22041  
(703) 998-5550

WOLFSON, THERESA, M.A.  
Assistant Director of Metrotag  
29200 Vassar Suite 600, Livonia, MI. 48152  
(313) 478-8960

WOLFSON, WILLIAM, M.D.  
Director, Metrotag  
29200 Vassar Suite 600, Livonia, MI. 48152  
(313) 478-8960

**SOCIETY FELLOWS**

BANNER, DAVID, B.S.  
Family Counseling Center  
NYPENN Trade Center — 435 Main St.  
Johnson City, N.Y. 13790 — (607) 729-4647

BEHR, MORGAN  
P.O. Box 10869, Beverly Hills, CA. 90213  
(213) 657-7560

CAMPBELL, THOMAS, B.A., M.S.W.  
385 Orange St., New Haven, Conn. 06511

DAHL-MADSEN, KRISTIAN, M.S.  
c/o Centrum for Identitetsterapi  
Regeringsgatan 93  
111 39 Stockholm, Sweden

DAMSKEY, CAROL, M.Ed.  
Human Potential Unlimited  
P.O. Box 274, Lathrup Village, MI. 48076  
(313) 552-1160

DECKER, DIANNE, A.A.S.  
316 Magnolia Drive, Vestal, N.Y. 13850  
(607) 754-7595

EXECUTIVE SECRETARY  
de KLERK, JUUL  
Tafelbergweg 25  
1105 BC Amsterdam, The Netherlands  
Tel. 020-566-9111

ELLIS, MARILYN, M.S.W.  
11413 Tanbark Dr., Reston, VA 22091

HUGHES, JAMES R., B. Th., M.S.M.  
Executive Director, The Chrysalis Foundation, Inc.  
275 East St., Pittsford, N.Y. 14534  
(716) 586-1248

KISSICK, PATRICIA A., B.J.  
Personal Resource Center  
435 Main St., Johnson City, N.Y. 13790  
(607) 798-8199

NEWSLETTER EDITOR  
KOORYMAN, MARELJKE  
Laan Van Meerder Voort 672  
The Hague, Holland 25642-AL

LAUTENSCHLAGER, YETTA, M.S.W., A.C.S.W.  
75 Salem Road, Prospect, Conn 06712  
(203) 758-4113

RECORDING SECRETARY  
MACLAURY, LYLE, M.Div. (Member A.A.P.C.)  
Human Resources Unlimited of the South Hills  
Box 18387, Pittsburgh, PA 15236

MERCURE, JESSICA A., M.A., M.F.C.C.  
1909 Addison, Berkeley, CA 94704  
(415) 232-8499

MOENS, FENNA  
Lokhestlaan 11  
3901 ZB Bunnik, The Netherlands  
03405-61473

MYERS, MICHAEL L., B.A., M. Div.  
210 Sunshine Acres Dr., Eugene, Oregon 97405  
(503) 484-1707

SANDERS, JOSEPH R., Ph.D.  
3510 Cameron Mills Rd., Alexandria, Va. 22304

SALEM, NIMET  
3 rue Louis Curval, Geneva, Switzerland 1206

TAYLOR, MARY O., M.S.W.  
315 Atlantic Ave., Brooklyn, N.Y. 11201

THIEL, MARJORIE  
213 Sheridan Drive, Erma, Cape May, N.J. 08204  
(609) 886-7082

THURIK, STEVE  
816 West 57th Street, Minneapolis, MN 55419  
(612) 861-1766

WARD, SPENCER A., M.D.  
11204 Angus Place, Potomoc, MD. 20854  
(301) 983-8298

**SOCIETY MEMBERS**

ARPANTE, MARY F.  
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BAILEY, E. DUFF, M.D.  
Malden Hospital Emergency Room  
Malden, MA 02148

BARTON, ROBERT P., B.S.  
18 Gladbrook Rd., Pittsford, NY 14534

BELL, MARTIN, P.A.  
8720 Georgia Ave. Suite 600  
Silver Springs, MD 20910

BUTLER, BETTY, B.S. (MIT)  
302 Newcastle Road, Syracuse, N.Y. 13219  
(315) 475-3176

CAMPBELL, NATALIE B., B.A., M.S.W.  
10 Windsor Rd. B. N. Haven, CT 06473  
(203) 562-4235

CERIANA, PIETRO M., M.S.  
"Le Betulle", Viale Italia 36  
Appiano Gentile (Co), 22070 Italy

CIPANI, DARIO, M.D.  
VIA Spiaggia D'Oro, 25083 Gardone Riviera  
Brescia, Italy

CLARK, VIRGINIA  
58 G Crescent Rd., Greenbelt, MD 20770

CROMER, DONALD  
RD 1 Box 361, Newark Valley, NY 13811

DECKER, ROBERT J.  
316 Magnolia Dr., Vestal, NY 13850

DENNIS, LIETTE C., M.S.W.  
101 Park Way, Camillus, N.Y. 13031

DOYLE, FRANK J., Ph.D.  
5010 Edgemoor La., Bethesda, MD 20814

ELIES, ANNA MARIA  
c/o Istituto Il Porto  
Corso Duco D'Aosta 49  
Turino, Italy

FOSTER, ROBERT J., Ph.D.  
7312 Millwood Rd., Bethesda, MD 20817

FITZSIMMONS, JOHN, A.A.S., B.B.A., M.B.A.  
456 Broad Ave., Palisades Park, Nj 07650

GORDON, JULIA  
Weilerer-Strasse 62  
6920 Sinsheim-Reihen, W. Germany

GORDON, MORRIS, Ph.D.  
Family Relations Institute  
3705 S. George Mason Drive, Suite C3S  
Falls Church, VA 22041

GONTARCZYK, PATRICIA S., M.S.W. (MIT)  
3363 Fairview Drive, Syracuse, N.Y. 13215  
(315) 673-2433

GUINN, VELMA G., B.J.  
5444 Mohican Rd., Washington, D.C. 20816

HEALY, KATH, B.A.  
10909 Deborah Dr., Potomac, MD 20854  
(301) 299-4164

HENNINGSGAARD, WAYNE  
Psychological Services  
340 South 4th St., Bayport, MN 55003

HICKS, CYNTHIA L., M.S.  
86 Allen St., Johnson City, NY 13790

HUGHES, FLORENE N., M.S.  
275 East Street, Pittsford, NY 14534

HUGHES, RICHARD  
117 Park Lane, Ithaca, NY 14850

JONES, JAMES E.  
10 Roxbury St., P.O. Box 73, Conklin, NY 13748

KNIGHT, THERESA, B.A.  
602 Hill Ave., Endicott, NY 13760

KOMATINSKY, PAUL, B.A., M.S.  
21 Helen St., Johnson City, NY 13790

KONIGS, CHRIS  
Platte reg 36, Scherpenisse, Holland  
31 1666 2249

KREINER, CARLO, M.D.  
Via Dosso 38  
25083 Gardone Riviera, Italy  
0365-22063

LEY JR., HERBERT L., Jr., M.D., M.P.H.  
P.O. Box 2047, Rockville, MD. 20852

LINDER, FANNIE  
21 Glann Rd., Apalachin, N.Y. 13732  
(607) 625-4606

LOTT, VIRGINIA A., B.A. (MIT)  
6B 350 Grocers Ave., Bridgeport, Conn. 06605

LOW, BABBETTE  
A.R.E.B.A.-Casriel Institute  
500 W. 57th St., New York, NY 10019

LOWERY, NORMAN D., M.S.  
5522 Mystic Court, Columbia, MD 20810  
(301) 997-5677

MARKS, KATHRYN  
(no address)

MEAD, RONALD D., M.F.D. (MIT)  
1010 Prince St. #1, Alexandria, VA 22314

NOLDER, SHARLENE  
2706 Hall St., Endwell, NY 13760

NORTON, MARY KENT, B.A., M.A., M. Ed. (MIT)  
398 Ridgely Ave., Annapolis, MD 21401

OPDEBEECK, STEFAAN  
Zwarte Leertouwerstraat 39, 800 Brugge, Belgium  
050-335285

PAPISH, NORMA, B.A.  
1220 Blair Mill Rd. #1010  
Silver Springs, MD 20910

PERESKE, DORIS, M.S.W.  
44 Grand Blvd., Apt. 2E, Binghamton, NY 13905

(Continued on page 6)

**Society Members***(...Continued from page 5)*

PONTARI, LINA  
Via Cristof 8, 89110 Reggio  
Calabria, Italy

REICHES, RICHARD L., M.S.W., M.Ed.  
6701 Park Heights Ave., Apt. 3E,  
Baltimore, MD 21215

RENZ, THOMAS  
Route du Lentre  
1711 Gorminboerg, Switzerland  
037-452481

RICHARD, E. CYNTHIA  
P.O. Box 744, Johnson City, NY 13790

ROEN, DEBRA K., B.A. (M.I.T.)  
1182 Edmund Ave., Apt 11  
St. Paul, MN 55104

ROHDE, PEARL, M.S.  
7141 Rollingridge Dr., Charlotte, N.C. 28211

SANTIWAN, LEE H., B.A., M.B.A., M.A. (MIT)  
29650 Minglewood, Farmington Hills, MI 48018

SARNOFF, ANDREA L., A.A.S., R.D.H.  
22 Ch. Fr. Lehmann  
1218 Grand Saconnex G E, Switzerland

SCHROEDER, PETER, B.A.  
248 Springvale Rd., Great Falls, VA 22066

SONDAY, KAREN, M.S., B.S.  
RD#2 Box 195, Blodgett Rd.  
Newark Valley, NY 13811

SPARKS, LILLIAN  
P.O. Box 1232, Pacifica, CA 94044

SULLIVAN, DEBBIE  
14 Allen St., Johnson City, NY 13790

THOMPSON, DANIEL, C., Jr  
115 Schubert St., Binghamton, NY 13905

THOMPSON, OILI, A.A.S.  
115 Schubert St., Binghamton, NY 13905

THURIK, STEPHANIE, B.S., M.Ed. (MIT)  
816 West 57th St., Minnaeapolis, MN 55419  
(612) 861-1766

TIGGERT, WILLIAM D., M.A.  
14 Oakdale, Pleasant Ridge, MI 48069

TURNER, BARBARA W., B.A.  
416 Denal Way, Vestal, NY 13850

VANDAMME, MIA  
Zwart Leertouwerstraat 39, 8000 Brugge, Belgium  
050-335285

WELLINGTON, MARGUERITE, R.N., B.S. (MIT)  
15 Brownell Ave., Binghamton, NY 13905  
(607) 722-2568

WILLIAMS, AGNES C., B.S. (MIT)  
465 Sluivum Road, Hebron, CT 06248

WILLIAMS, NANCY  
100 Clark St., Vestal, NY 13850

YOUNG, JOSEPH L., B.A., Ph.D.  
5905 McKinley St., Bethesda, MD 20817

**SOCIETY ASSOCIATE MEMBERS**

DAVIS, SEAN G., B.A., M.P.A.  
128 South Adams St., Rockville, MD 20850

FISHER, MARILYN J., R.N.  
HC 78 Box 1072 King St.  
Castle Creek, NY 13744

GELBMANN, FRED, M.S., Ph.D.  
294 Janice, St. Paul MN 55126  
(612) 484-7617

GREEN, LARRY, I  
516 N. Elmer Avenue, Sayre, PA 18840

GREMIN, DAVID  
315 Greenwich St., New York, NY 10013

HEDIN, DONNA M., R.N., M.A.  
1720 3rd Ave. S. #202, Minneapolis, MI 55404

HEINECKE, KARL K.  
364 Ely Park, Binghamton, NY 13905

HURNEY, MICHAEL L., B.S., M.A.  
58 G Crescent Rd., Greenbelt, MD 20770

LORMAN, TOM  
3108 Burriss Rd., Vestal, NY 13850

MATTIELLO, CARMINE  
Viale Caduti Tutte le Guerre, 10,  
70126 Bari, Italy

MOSCHOS, MIKE, B.S., B.S.A.  
5501 E. 61st Pl., Tulsa, OK 74136

NEWELL, YVONNE E.  
6 Evans St., Binghamton, NY 13903

SANDERS, MARIAN  
Jacob van Lennepstraat 128C  
1053 7S Amsterdam, The Netherlands

SCHUM, DONNA  
863 Attridge Rd., Churchville, NY 14428

SCRIBNER, BRENDA  
25407 Prospect St., Loma Linda, CA 92354

SIMONSON, MARTIN A., M.B.A., B.S.  
7720 Tremayne Pl. 307, McLean, VA 22102

SULLIVAN, CHRISTINE  
2112 Boulevard Ave., Scranton, PA 18509  
(717) 343-4182

TUCKER, JOHN A.  
7223 Oliver St., Lanham, MD 20706

VAUGHN, LYNN M.  
43135 Whisper Court, Northville, MI 48167

WEAVER, THOMAS, M.D.  
(no address)

WELLINGTON, ARDEN D., B.M.  
15 Brownell Ave., Binghamton, NY 13905

## **Teaching Fellow, Fellow and Trainee Standards Criteria in the New Identity Process**

The following personal attributes are important for selection of trainees, Fellows and Teaching Fellows in the New Identity Process: a sense of adult responsibility, personal integrity, genuine concern for people and a sincere desire to help, acceptance of all people, capacity for insight into our own and others' problems, a deep capacity for empathy, ethical conduct (will not exploit clients' dependency or vulnerability), ease with physical closeness without it becoming sexual, ability to set aside own ego and insecurities, potential to recognize and handle the complexities of transference and counter transference, recognition of own limits, ability to confront, honesty, openness, energy, humor, a capacity for joy in living, commitment to continuing learning and growth.

### **Criteria for Fellow**

1. The member must have a minimum of a Bachelors Degree.
2. She/he must be sponsored by a current <sup>2</sup>Teaching Fellow who has presently a working relationship as a supervisor with him or her. Supervision includes addressing all significant NIP issues, primacy of client care, ethical behavior, collegiality, assessment, personal standards, etc.
3. The sponsor and/or primary therapist must provide a statement that the applicant's psychotherapy in the NIP is finished to the extent that she/he can responsibly conduct therapeutic sessions.
4. The sponsor must provide a statement recommending the applicant for society fellowship, and describing the working relationship with him or her.
5. The applicant must attend an intensive weekend or a week with a Teaching Fellow other than his/her sponsor during which time she/he is observed running two groups. The evaluation then is done by that Teaching Fellow, peers in the training program, and any other therapy staff members present. The applicant must demonstrate the ability to teach the NIP to clients.
6. The applicant must have led NIP groups for a minimum of 250 hours of documented supervised therapy work plus a minimum of an additional 10% of supervision hours. Past professional experience and/or NIP therapy will be credited to these hours at the discretion of the standards committee, based on the evaluation and recommendation of the sponsor.
7. The applicant must pass a written exam and an oral exam. The oral exam is to be administered by three Teaching Fellows, to be arranged by the Board. Exams will be held minimally once a year in conjunction with the yearly conference, but they may be held at any other time should the need arise. For the exam, the applicant should be familiar with the content areas as published in the ISNIP Newsletter, and available from the Board upon request.
8. The applicant must demonstrate familiarity with the ISNIP's Ethical Code, and needs to be able to discuss and resolve ethical issues.

9. The applicant will present the framework in which she/he intends to use the NIP, and must demonstrate awareness of the legal framework regarding practice in his or her state.
10. The applicant becomes a Society Fellow by majority vote of the Board.

### **Criteria for Teaching Fellow**

1. The applicant must have an advanced degree, at least a Masters, in one of the "helping professions", subject to interpretation by the Board as to what is a helping profession.
2. She/he must be sponsored by two Teaching Fellows who are familiar with the applicant's work. One sponsor will be the Supervisor who has had a working relationship with the applicant for at least one year and has had a chance to observe the work over time. Supervision includes addressing all significant NIP issues, primacy of client care, ethical behavior, collegiality, assessment, personal standards, etc. The co-sponsor should also have known the applicant for a similar amount of time, and needs to have seen the applicant run at least one weekend workshop (plan and conduct workshop and invite co sponsor to attend).
3. The sponsor and/or primary therapist must provide a statement that the applicant's psychotherapy in the NIP is finished to the extent that she/he can responsibly conduct NIP therapeutic sessions and act responsibly as a supervisor for NIP work and training.
4. The sponsors must provide a statement recommending the applicant for teaching fellowship and describing the (working) relationship with him or her. In particular they need to address the issues of supervisory and teaching skills.
5. The applicant must have led NIP groups for five years.
6. The applicant must have been involved in the teaching and supervision of trainees in collaboration with a Teaching Fellow for at least two years.
7. The applicant must have demonstrated an ability to teach the NIP on an experiential and cognitive level to trainees. The applicant must have demonstrated an ability to serve as a supervisor for trainees.
8. The applicant must have made a written contribution to the further development of the NIP. This should minimally be a presentation (not a solely experiential workshop) at the ISNIP's annual conference, and it may include journal and newsletter publications in addition.
9. The applicant must pass a written exam and an oral exam. During the oral exam the applicant will be asked to demonstrate his/her teaching skill, supervisory skills as well as ability to help trainees resolve ethical issues in role play situations. The oral exam is to be administered by three Teaching Fellows, to be arranged by the Board, and is open to all Board members and Teaching Fellows. Exams will be held once a year in conjunction with the yearly conference. For the exam the applicant should be familiar with the content areas as published in the ISNIP newsletter, and available from the Board upon request.
10. The applicant becomes a Teaching Fellow by three-quarters majority action of the Board.

