

Report of the Teaching Fellow meeting

13-14 March 1997 in La Soleillette, France

Present Nimet Salem, Jeff Gordon, Martien Kooyman , Carlo Kreiner , Johan Maertens and George Rynick.

Report Martien Kooyman and Johan Maertens

- Agenda**
1. Report last meeting
 2. Announcements
 3. Membership EAP
 4. Foundation European Society NIP
 5. Co-operation Richard Meyer
 6. ICI
 7. Membership fees
 8. Criteria for assistant therapist
 9. Activities of teaching fellows - training schools
 10. Double membership
 11. International conference Amsterdam

1. Report last meeting

There was no written report of last years meeting. The discussion on the ICI was summarised by Gunvar in her leaflet : "The International Casriel Institute Training Program: A new concept".

2. Announcements

Each represented chapters announcements will be summarised in the next edition of the newsletter.

3. EAP

Members of this umbrella association can be European organizations representing European Schools or national organizations. The goal of the EAP is to create in Europe a separate profession of psychotherapist, so psychotherapy-training can be organized not limited to medical doctors or psychologists. There is a lobby to set up separate training at universities. So far as we know this is supported by the national organizations of England, Belgium and Austria. To be represented in the board it is important to have an European organization.

For the time being we will be informed on the developments through Johan Maertens ; he also will give a sort overview of the developments in this direction in the newsletter.

A consideration for the board is that it is still easy to be accepted, while it could be more difficult in the future.

4. **ESNIP**

To be able to join an European umbrella organization, an European Society for NIP can be necessary. It is expected that European criteria for recognition of psychotherapists will overrule national regulations in the future.

It was recommended to have a European Society within the ISNIP with the same bylaws, representing the European Chapters. Some European chapters are already called societies in there countries, so the name society seems appropriate.

It is recommended to discuss this in the boardmeeting of September and to take a principle decision on this matter.

5. **Co-operation with Richard Meyer**

Richard Meyer founded an organization for Somathothérapie. It includes different types of psychotherapeutic methods involving the body, such as bio-energetics, massage etc. He also includes NIP as a technique. His idea is that the combination of the different techniques makes them more acceptable. He runs a training for somathotherapists, including the different techniques. He likes to include ISNIP into his organisation.

We do not agree with that view. We will look how we can co-operate with him as a separate organization.

He is invited to the international conference in Amsterdam, also to a boardmeeting as a special guest to discuss common interests.

6. **ICI**

Gunvar informed us that she did not get enough answers on the questionnaire that Doris distributed. The response was until now 14 from TF , 5 from fellows and 14 from members in training. Reminders will be sent to the non-respondents. However we do not know the total number of the different groups that received the questionnaire. The overall impression so far is that the interest to participate as a trainee is not sufficient to organize workshops for NIP trainees only. Travelling distances and money seem to be the main problems.

A suggestion is to open workshops in the English language that are held also for trainees from other countries. There can be mixed participation trainees and other persons, with separate meetings for trainees added on theory and didactic discussions, more or less as Dan Casriel used to run his workshops in the old days. For members in training these workshops can be an addition to their existing training.

The teaching fellows mentioning themes on which they can run workshops in their answers on the questionnaire can be invited to run those workshops in their centres or in other centres as part of their or others training program. This workshops on specific themes can be seen as capita selecta. A suggestion to make this workshops a compulsory part of the training programs was not supported by all the teaching fellows present in the meeting.

It was decided to have a further discussion on the results of the questionnaire at a teaching fellows meeting at the international conference in Amsterdam.

7. Membership fees

The membership fees were increased for the year 1996 to overcome the deficit of the ICI program in La Soleillette. The increase of the fees created some opposition in several chapters. The fee for ISNIP was up to 90 % of the total fee. The ASNIP decided to agree to raise the fees for only one year. In other countries some members were resistant to pay the same fees for 1997. It was also felt that due to the raise of the dollar the fees could be lowered for 1997.

The following recommendation is given to the board: The balance for 1995 (including all the expenses and incomes of ICI) approved by a legal auditor will be published after approval of the board in the newsletter.

We propose to reduce the fees for 1997 to the level of 1995. We propose to review the fees for 1998 at the boardmeeting of September based at an action and budget proposal for 1998. The president will explain in the newsletter the importance for sufficient funds to cover the necessary activities.

8. Criteria for assistant-therapist

The criteria were discussed as well as the title itself. It was supported that it must be clear that a person who followed the total training program without having a professional background accepted by the chapters country, cannot work independently. They can however work in an inpatient centre where a professional has the final responsibility. Supervision of a teaching fellow is in that situation not required and should be left out of the criteria.

A confusing issue in the discussion can be that a fellow or teaching fellow can decide to have a person assisting in his therapy sessions, who can be fully, partly or not trained in the NIP. The organization of these groups is the responsibility of this NIP therapist. As long as there is no specific training for those persons the meeting does not see the necessity to create a specific title for them. As the persons, who have not a professional background but have completed a full training program, expect to be recognized by the ISNIP as therapist, a title should be given to them. As a title creating less confusion the title Institute-therapist is recommended instead of Assistant-therapist. An institute is defined as a legally recognised residential treatment setting. Persons with that title can work in clinics or therapeutic communities, where a professional, usually a medical doctor or a psychologist, is ultimately responsible. They can also work co-leading groups with a NIP fellow or teaching fellow in inpatient or outpatient groups. In that case the fellow or teaching fellow stays responsible.

This recommendation of the meeting shall be further discussed at the teaching fellow meeting at Amsterdam.

9. Activities of teaching fellows / training schools

It was mentioned that some teaching fellows has not been active in training NIP therapists for a considerable period. It was recommended that they could be

invited to take part in training programs of other teaching fellows for instance to focus on specific items.

In countries without teaching fellows a joint effort of teaching fellows could be useful to provide training possibilities.

Training schools: In Italy the need was obvious to have a legally recognized trainingschool for NIP. Carlo Kreiner suggested that the training program in Rome where Silvio Quirico recently was appointed as teaching fellow together with Martien Kooyman, would look for the possibilities to be legally recognized in Italy. As a link with an university seems necessary a contact with the university in Rome is important. Johan Maertens will discuss this with prof Cancrini from Rome and later together with Martien Kooyman with Juan Corelli of the Centro Italiano di Solidarietà, that operates the Rome NIP training program.

The teaching fellow meetings were organized in Europe by Johan Maertens. It is not clear who is organising this in the future, this will be discussed in September at the teaching fellow meeting. The Americans would like to have a teaching fellow meeting in the US. Due to the travel expenses it seems only possible during an international conference in the US. A representative of the American teaching fellows will be invited at the teaching fellow meetings in Europe and we suggest to invite a representative of the European teaching fellows at the American teaching fellow meeting.

Teaching fellows from Europe can run a workshop for trainees in the US as part of the ICI program.

10. Double membership

The issue of fellows being trained in one country and working in a different country was discussed. As a rule it was proposed that a fellow should be member of the chapter of the country where he is working and living. This fellow can choose to be also a member of a chapter in another country. It was also suggested that persons who want to be trained in the NIP can only be trained by a teaching fellow in another country than the country where he is living and can only be recognized as a fellow by ISNIP when the national chapter of the country of his residence has been informed and has agreed. It is recommended to the board to decide in this matter.

A decision will be applicable for new candidates for NIP training and cannot be retroactive. In existing situations causing problems the involved chapters should come to a solution. If no solution can be reached it can be referred to the international board.

11. International Conference

The conference in Amsterdam from 21 to 24 September 1997 in Amsterdam starts Sunday night and ends Wednesday at noon. It will be held in a hotel Casa 400, located 200 m from the Amstel station with good connections to the city centre by train, metro and tram. It is possible to book nights before and/or after the conference, this will be announced in the next newsletter.

During the conference separate meetings for teaching fellows and boardmembers will be held. A pre-conference workshop is starting Friday night and ends Sunday afternoon. It will be held in the same building at the Singel 195, where Dan used to have his workshops. It was suggested that the workshop should be run by an American and an European teaching fellow and that the workshop would be included in the ICI program. The workshop will be open for members in training and other participants. It was suggested that Ron Kissick (US) and Jo Martens (Belgium) would run the workshop.

The theme of the conference is touch in therapy and society. So far no abstracts for presentations or workshops were received. However some persons were confirmed as speakers: Richard Meyer will give a plenary presentation as well as a workshop on his therapy methods; Lynn Grodzki (US) confirmed to give a special presentation on touch and psychotherapy; a video of Candace Perth can be shown with an introduction by Peter Geerlings; Ruth Meyer (Netherlands) will present a lecture on the importance of focusing on movements in therapy sessions, she will also run a workshop on using exercises to bring people in contact with their emotions; there will be a plenary panel-discussion moderated by Johan Maertens (Belgium) on the limits of touch in therapy, participants in this panel are Nimet Salem from Switzerland, a client from Belgium, Peter Geerlings from the Netherlands will invite a member of an ethical committee of psychotherapy, also Ineke Prins from the Netherlands will be asked to participate; Christine Bagnières (France) will give a presentation on the basic elements of NIP, this presentation will be especially for participants who are not familiar with NIP; Silvio Quirico (Italy) will present on the use of NIP in an evening program of addicts; Ron and Pat Kissick (US) will give a presentation on ethics; Ingo Gerstenberg (Germany) has offered to run a workshop on systemic approach with clients which has no progress with NIP together with Adelheid Gerstenberg; Ingmar Arn (Sweden) will present on a research in which he was participating on hormonal response on touch in psychotherapy; George Rynick (US) suggested to invite Van der Kolk (US) who was also recommended by Peter Geerlings to talk on the functioning of the brain and psychotrauma, if Van der Kolk can not come or is too expensive, George can present Van der Kolk's and others findings on hormones and trauma in relation to NIP, he may also present on the NIP and the immune system (using a PNI audiotaped lecture); Ameen Struik has informed that he is willing to give a presentation, he works in a treatment centre for delinquents.

The following suggestions for the program were made: Yetta Lautenslager would try to contact Coleman as Ron could not reach him; a co-worker of Conni Stauss has produced an instrument on interpersonal diagnostic measurement, Jeff Gordon is going to contact Conni Stauss on this matter; Jeff Gordon was suggested to repeat his presentation in Washington for an European audience; Dagmar Zimmer from Switzerland is suggested to give a presentation on the fear of intimacy and addiction; Johan Maertens will ask Domingos Neto (Portugal) to give a presentation; Martien Kooyman will invite a haptonomia therapist, this therapy usually applied by physiotherapists is accepted in many treatment centres in the Netherlands; he will also inquire if Irina Prekopf is willing to present on holding therapy, Martien will also see a person working on ethical

issues for a professional organisation in the Netherlands as a potential speaker; David Boadella will be approached by Johan Maertens on a possible presentation on bio-energetics.

As part of the social program a boattrip and dinner-party was planned for Tuesday night, however a minimum of 70 persons has to be paid for in advance to reserve the boat. This means an amount of around 4000 Dutch florins. As it is unsure to reach that minimum number for this event, it is suggested to look for an alternative. It is also impossible to find the money to pay this amount in advance.

12. Date and location of the next teaching fellow meetings

1. in September at the international conference
2. 27 and 28 march 1998 in Toscolano-Maderno (Lago di Garda, Italy).

Martien Kooyman
Johan Maertens