



# American Society for the New Identity Process

Vol. 1 No. 4

March, 1982

## From the President

I'd just like to say I'm delighted as our membership begins to grow worldwide.

Love,  
DAN

## From the Editor

It has been great hearing from those of you who have been in touch concerning what you've been doing with the Process, as well as getting comments on the newsletter. All correspondence, including articles and comments, are most appreciated.

I'd like to point out a big correction concerning Dan's text in January's newsletter where there was a typographical error. On page 2, under Concept #1 — Bonding — paragraph 3 should read: "As with any biological need, when the need is NOT fulfilled, it gives one a feeling of pain in various forms." That clears up a lot of questions, doesn't it?

I'll be anxiously waiting to hear from you.

Love,  
PAT

## A Christian Minister Looks At New Identity Process

by George Rynick, M.Div., Th.M.  
a Teaching Fellow in the Society

After preaching and teaching about "Love, Peace, and Joy" for twenty years as a Presbyterian minister, I experienced these things for myself in the psychotherapy groups at the Casriel Institute in New York City. I was too happy and excited by my experience of feeling so good to be embarrassed that a Jewish psychiatrist was achieving what I as a Christian minister had mostly talked about for so long.

Professing atheism, Dan Casriel accepts people of all faiths, and enables them to learn to live in a way that is truly "Good News." I began to look for connections or contradictions between his New Identity Process and the Christian Gospel. Many more questions than answers still invite investigation. But the similar-

ities are evident, and I find no fundamental contradictions.

I entered Dan's training group in January 1974, and interned at the Institute from June 1974 to July 1, 1975. During that time, I also received a Master of Theology degree in Pastoral Counseling at Princeton Theological Seminary. It was inevitable that I would be doing some serious thinking about my theology and my training.

My personal calling as a minister centers around the words of Jesus from the Gospel of John, Chapter 15, verse 11: "These things I have spoken to you that my joy may be in you and that your joy may be full." During my three months of therapy in 1973, I found a man outside the Church enabling many people to claim their God-given entitlement to a rich and happy life. I also found that I liked myself, I felt good about myself, and I had a new sense of positive well-being and joy. This was being alive the way I had preached and had believed was possible. I found it hard to understand how it could happen to me and to others without benefit of Christian "Theology."

The New Identity Process begins with "I AM!" It occurred to me that the account of Moses and his encounter with God at the burning bush began the same way. God started right out after calling, "Moses, Moses. I AM the God of your fathers . . ." He then commissioned Moses to go lead the people out of slavery in Egypt. And Moses asked, "What is your name? Whom shall I say sent me?" And God answered with his name, "I AM (WHO) I AM" ("Yahweh yahweh").

By the time of Jesus, the name of God — I AM — was so sacred that no one was allowed to speak it. Instead, they said "Lord." Jesus offended many theologians of his day by starting right back at the beginning of theology. "He taught as one with authority, and not

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## Attention Society Fellows

All Society fellows must attend ONE WORKSHOP each year with Daniel H. Casriel, M.D. in order to maintain their fellowship standing.

**A CHRISTIAN MINISTER LOOKS**

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as the scribes." "I AM the door;" "I AM the Way, the Truth and the Life;" "I AM the good shepherd;" "I AM the bread of Life;" "I AM the living Bread;" "I AM the light of the world." And when the disciples of John the Baptist came to Jesus asking, "Are you (the Christ) he who is to come, or should we look for another?" He answered, "Go and tell John what you hear and see: THE BLIND RECEIVE THEIR SIGHT AND THE LAME WALK, LEPERS ARE CLEANSED AND THE DEAF HEAR, AND THE DEAD ARE RAISED UP, AND THE POOR HAVE GOOD NEWS GIVEN TO THEM."

This is an accurate description of what is happening today to people who are in New Identity Groups. They become able to see the world and themselves in totally new way, as if they had been blind and had their sight restored. Men and women who had been bowed down by life have been set free to walk tall. Veritable "pariahs" of society find themselves able to be physically close and emotionally open to others again. People are enabled to hear what they have been totally deaf to for years. The living dead, who have felt like empty shells, come alive and vital. And those who spent all their energy "surviving" for years and years discover the good news that they can stop feeling guilty about "stealing the crumbs" of life; in fact, they can enjoy the whole cake!

It all begins with I AM! I AM ME! I AM LOVE-ABLE! I AM GOOD ENOUGH! I AM A MAN! I AM A WOMAN! Such obvious statements, transformed by the power of emotions, become the tools that strike the chains from the captives. Assertions of such truth, with the power of emotion connect the "facts" with the "Truth" — the intellectual fact with the person's deep-seated belief and experience.

It looks to me, as a Christian minister, that "theology" is much more effective in our lives when we DO it than when we TALK about it. When we assert such truth, it accomplishes in our experiences what "theology" claims God is about in the world through his Christ. These assertions that we call "exercises" seem to get us directly to our deepest survival-based emotion, which comes out as a scream. Again, it seems that Jesus was there first. Often he was the one who enabled a tormented person to become free, as "with a loud cry" that person was restored to wholeness.

New Identity Process may not be so new after all, but in my experience it is most certainly Good News to all who long for and are willing to go for fullness of seeing, hearing, and feeling life with abundance and joy!

**News From San Francisco**

The San Francisco New Identity Center closed in October 1981. Director Pat Maybruck, who is also a member of the ASNIP Board of Directors, wrote us that her decision to close was a difficult one. "Inflation was the deciding factor," Pat explained. "Rent increases, higher overhead, and our clients' inability to pay higher fees all entered into it. Also, I needed more time to devote to my graduate studies for my Ph.D. at the Humanistic Psychology Institute."

**SG Groupies Still Bonding**

"But the Center's closing hasn't stopped our Process," Pat continued. "Dan and I were both delighted to hear that a nucleus of our former group and Workshop members have gotten together and are now having a 'screaming and bonding' session once a week." Recently, Pat visited the group and participated as a peer. She reports that the group has grown tremendously in areas of interaction, responsibility and confrontation, without the transference and dependency that the presence of a professional Group Leader tends to cause. All members of this leaderless group, so far, have had several months to several year of groups and Workshops at the former San Francisco Center. Now, they are carefully considering admitting some newcomers on a trial basis. This is an experiment in emotional growth that bears watching! This San Francisco group proves that we really can trust our feelings!

**Bonding Info Requested**

For her graduate research and dissertation, Pat is investigating the area of mother/infant bonding. Any case histories ASNIP members may be able to send her would be most helpful. Pat is particularly interested in any recent material on Sudden Infant Death Syndrome ("crib death") and data that indicates whether or not the victims were bonded (i.e., breast-fed, slept with parents, etc.) She would also like to hear from any new parents who are trying to bond with their infants on a full-time basis, about the problems and the rewards of this type of parenting. She requests that you write her at the following address:

Patricia Maybruck, M.A.  
152 Lombard St. #102-2  
San Francisco, CA 94111

**Express Yourself**

Have you been curious about the hugger necklaces and expression pins turning up on your Society friends? Now official Society jewelry is available to you, too, whether you live in Brookings, Detroit, San Francisco, Houston . . . or Anytown, U.S.A.

The huggers symbol of the New Identity Process — are available in silver or gold necklaces. And, for your fun, you can be wearing one (or more) of the Society "expression" pins that sums up YOU — I'm loveable, I'm huggable, Good enough, Not guilty, I'm me.

The jewelry can be yours by sending your check or money order to the Casriel Institute

47 E. 51 Street  
New York, New York 10022

Please specify what jewelry you are wanting. Descriptions and prices are below.

Large sterling silver hugger with chain	\$28.00
Small sterling silver hugger with chain	\$20.00
Large gold-plated hugger with chain	\$15.00
Small gold-plated hugger with chain	\$10.00
Hugger emblem necklace with card	\$8.00
Expression pins	\$4.00 each

(I'm loveable, I'm huggable, Why not,  
Not guilty, I'm me, I'm entitled, I exist)

**Society Teaching Fellows**

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 1 Bennett Avenue, Binghamton, NY 13905

(Continued on page 4)

## Dan's Calendar

### April 2-4 — Washington, D.C.

Contact: Caroline Sperling, Ed.D., Director,  
Cancer Counseling Institute. Emphasis on  
psychosomatic illness.  
Tel. 202-362-9794.

### April 9-11 — N.Y.C. Institute

Contact: Administrator  
Tel. 212-593-0762

### April 14-16 — Raleigh, N.C.

Demonstration and workshop, South West  
Institute at Royal Villa Hotel

### April 16-18 — Troy, Michigan

Contact: Charles Damsky  
Tel: 313-557-7857

### April 23-25 — Washington, D.C.

Contact: Lori Eiensberg, M.S.W., A.C.S.W.,  
Director, Family Relations Institute  
Tel: 703-998-5550

### April 27-28 — Tuscaloosa, Alabama

Demonstration at the University of Alabama  
Contact: Josh Davis  
Tel: 205-553-3760

### April 30 - May 2 — Brookings, S. Dakota

Contact Dee Workman, M.S.W.  
Therapist, Missouri-Sioux Consultants, LTD  
Tel: 605-692-4345

### May 14-16 — N.Y.C. Institute

Contact: Administrator  
Tel: 212-593-0762

### May 21-23 — Washington, D.C.

Contact: Lori Eisenberg, M.S.W., A.C.S.W.  
Director, Family Relations Institute  
Tel. 703-998-5550

### May 28-30 — Geneva, Switzerland

Contact: Claire Colliard, Ph.D.  
Executive director of the Institute Casriel  
Tel: 022-29-18-30

### May 31 - June 4 — Sinsheim, Reihen, Germany

Contact: Ingo Gerstenberg, M.D.  
Tel: 07261-61523

### June 5-6 — Bad Herrenalb, Germany

### June 8-9 — Israel

### June 11-13 — N.Y.C. Institute

Contact: Administrator  
Tel: 212-593-0762

### June 18-20 — Binghamton, N.Y.

Contact: George Rynick, M.Div., Th.M.  
Director, Human Resources Unlimited  
Tel: 607-722-8900 or  
Ronald Kissick, M.S.W., C.S.W.  
Director, Personal Resource Center  
Tel: 607-798-8199

### June 25-27 — Washington, D.C.

Contact: Lori Eisenberg, M.S.W., A.C.S.W.  
Director, Family Relations Institute  
Tel: 703-998-5550

## Society Calendar

This calendar will be listing workshops presented in the New Identity Process by Society fellows and teaching fellows. If you are planning on presenting workshops or marathons in the Process, please notify the Newsletter and we will include it in this column. We hope this will be an additional service to persons wanting to utilize the New Identity Process for their own growth.

### April 16-18 — New York City, N.Y.

#### Casriel Institute

Frankie Wiggins, Society Fellow  
Contact: Frankie Wiggins  
New Identity Process Center  
4445 Stirling Rd.  
Fort Lauderdale, FL. 33314  
Tel: 305-792-6500 or  
Ora Yemini Tel: 212-792-6500

### April 30 - May 2 — Charlotte, N. Carolina

Frankie Wiggins, Society Teaching Fellow  
Contact: Ray Maxwell Tel: 704-372-6330  
or Frankie Wiggins Tel: 305-792-6500

### May 1-2 — Detroit, Michigan

George Rynick, M.Div., Th.M., Society  
Teaching Fellow and Tance Rynick, B.S.,  
Society Fellow  
Contact: William Wolfson, M.D., Director  
of Metrotag, 29200 Vassar Suite 600  
Livonia, Michigan 48152  
Tel: 313-478-8960

### May 17-22 — Stockolm, Sweden

Frankie Wiggins, Society Teaching Fellow  
Contact: Gunvor Gustafsson  
Tel: 08-305-216

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(Continued from page 3)

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